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Abdominal Compression by Waist Belt Aggravates Gastroesophageal Reflux, primarily by Impairing Esophageal Clearance

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#### ACCEPTED MANUSCRIPT

#### **Main Title**

# Abdominal Compression by Waist Belt Aggravates Gastroesophageal Reflux, primarily by Impairing Esophageal Clearance

#### **Short Title:**

#### Waist belt impairs esophageal clearance

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#### **AUTHOR DISCLOSURES:**

None to declare.

#### **AUTHOR CONTRIBUTIONS:**

DRM: Clinical investigations, manometry, pHmetry, data analysis and drafting manuscript.

**MHD:** Data analysis and drafting manuscript.

**AAW:** Recruitment of volunteers and assisting clinical investigations.

**SAB:** Radiological assessment.

**KELM:** Conception of original idea, drafting manuscript and overall supervision.

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Abbreviations used in this paper: WC, Waist circumference; BMI, Body mass index; LES, Lower esophageal sphincter; TLESRs, Transient lower esophageal sphincter relaxations; GERD, Gastroesophageal reflux disease; PPIs, Proton pump inhibitors; GEPG, Gastroesophageal pressure gradient; IGP, Intragastric pressure

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