# Impact of higher-order heme degradation products on hepatic function and hemodynamics

#### Graphical abstract



#### Highlights

- Plasma levels of bilirubin oxidation products rise in cholestatic liver disease.
- The regio-isomers Z-BOX A and B exhibit distinct pharmacokinetics and -dynamics.
- *Z*-BOX A and B differentially affect the hepatocellular glutathione redox state.
- *Z*-BOX A and B differentially modulate the activity of Reverbα and Rev-erbβ.

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#### Lay summary

Degradation of the blood pigment heme yields the bile pigment bilirubin and the oxidation products Z-BOX A and Z-BOX B. Serum concentrations of these bioactive molecules increase in jaundice and can impair liver function and integrity. Amounts of Z-BOX A and Z-BOX B that are observed during liver failure in humans have profound effects on hepatic function when added to cultured liver cells or infused into healthy rats.



### Impact of higher-order heme degradation products on hepatic function and hemodynamics

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**Background & Aims**: Biliverdin and bilirubin were previously considered end products of heme catabolism; now, however, there is evidence for further degradation to diverse bioactive products. *Z*-BOX A and *Z*-BOX B arise upon oxidation with unknown implications for hepatocellular function and integrity. We studied the impact of *Z*-BOX A and B on hepatic functions and explored their alterations in health and cholestatic conditions. **Methods**: Functional implications and mechanisms were investigated in rats, hepatocytic HepG2 and HepaRG cells, human immortalized hepatocytes, and isolated perfused livers. *Z*-BOX A and B were determined by liquid chromatography-tandem mass spectrometry (LC-MS/MS) in acute and acute-on-chronic liver failure and hereditary unconjugated hyperbilirubinemia.

**Results**: *Z*-BOX A and B are found in similar amounts in humans and rodents under physiological conditions. Serum concentrations increased ~20-fold during cholestatic liver failure in humans (p < 0.001) and in hereditary deficiency of bilirubin glucuronidation in rats (p < 0.001). Pharmacokinetic studies revealed shorter serum half-life of *Z*-BOX A compared to its regio-isomer *Z*-BOX B (p = 0.035). While both compounds were taken up by hepatocytes, *Z*-BOX A was enriched ~100-fold and excreted in bile. Despite their reported vasoconstrictive properties in the brain vasculature, BOXes did not affect portal hemodynamics. Both *Z*-BOX A and B showed dose-dependent

Keywords: Heme degradation; Bilirubin oxidation end products (BOXes); Bilirubin toxicity; Rev-erb; Glutathione; Cholestasis; Hemodynamics; Pharmacokinetics; Cytoskeleton; Reactive oxygen species.

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cytotoxicity, affected the glutathione redox state, and differentially modulated activity of Rev-erba and Rev-erbb. Moreover, BOXes-triggered remodeling of the hepatocellular cytoskeleton. Conclusions: Our data provide evidence that higher-order heme degradation products, namely Z-BOX A and B, impair hepatocellular integrity and might mediate intra- and extrahepatic cytotoxic effects previously attributed to hyperbilirubinemia. Lay summary: Degradation of the blood pigment heme yields the bile pigment bilirubin and the oxidation products Z-BOX A and Z-BOX B. Serum concentrations of these bioactive molecules increase in jaundice and can impair liver function and integrity. Amounts of Z-BOX A and Z-BOX B that are observed during liver failure in humans have profound effects on hepatic function when added to cultured liver cells or infused into healthy rats. © 2017 European Association for the Study of the Liver. Published by Elsevier B.V. This is an open access article under the CC BY-NC-ND license (http://creativecommons.org/licenses/by-nc-nd/4.0/).

#### Introduction

Heme (iron protoporphyrin IX) serves as a prosthetic group in a variety of proteins involved in oxygen transport, redox reactions, and signaling.<sup>1</sup> When released extracellularly, labile heme acts as an alarmin<sup>2</sup> and cytotoxic agonist<sup>3</sup> that is encountered by scavenger systems.<sup>4</sup> Intracellular heme concentrations are tightly controlled by its enzymatic degradation via heme oxygenases (HO),<sup>5</sup> yielding the first-order degradation products biliverdin, ferrous iron, and carbon monoxide (CO).<sup>6,7</sup> The induction of HO-1 reflects a hallmark of the cellular response to oxidative stress and confers tissue protection during infection and inflammation.<sup>8,9</sup> Bilirubin, generated from biliverdin by biliverdin reductases, contributes to tissue integrity via its anti-oxidative properties.<sup>10,11</sup> Nevertheless, above a certain threshold bilirubin is held responsible for intra-

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