

Author's Accepted Manuscript

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PII: S1550-7289(17)30112-0
DOI: <http://dx.doi.org/10.1016/j.soard.2017.03.002>
Reference: SOARD2954

To appear in: *Surgery for Obesity and Related Diseases*

Cite this article as: Gail A. Williams, Misty A.W. Hawkins, Jennifer Duncan, Christina M. Rummell, Shannon Perkins and Janis H. Crowther, Maladaptive eating behavior assessment among bariatric surgery candidates: Evaluation of the eating disorder diagnostic scale, *Surgery for Obesity and Related Diseases*, <http://dx.doi.org/10.1016/j.soard.2017.03.002>

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Maladaptive Eating Behavior Assessment among Bariatric Surgery Candidates: Evaluation of the
Eating Disorder Diagnostic Scale

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Abstract

Running Title: Maladaptive Eating Behavior and Bariatric Surgery

Background: Eating pathology among bariatric surgery candidates is common and associated with adverse outcomes. However, its assessment is complicated by the inconsistent use of standardized measures. We address this by examining the use of the Eating Disorder Diagnostic Scale (EDDS) in a large bariatric sample (N=343). **Objectives:** To evaluate the EDDS among bariatric surgery candidates via examination of: 1) DSM-IV-TR and DSM-5 rates of binge eating disorder (BED), bulimia nervosa (BN), and maladaptive eating behaviors, and 2) the relationship between response biases and self-reported eating disorder symptoms. **Setting:** Participants were bariatric surgery candidates at a large public hospital in the Midwest. **Methods:** As part of a larger pre-surgical evaluation, 343 patients seeking bariatric surgery completed the EDDS and measures of problematic response bias. **Results:** Approximately 16% of the sample met full

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