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Primary care decision-making regarding referral for bariatric surgery: a national survey

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Abstract

Background: Bariatric surgery is the most effective treatment for severe obesity. It results in a significant and sustained weight loss and reduces obesity related comorbidities. Despite an increasing prevalence of severe obesity, the number of bariatric operations performed in Denmark has decreased during the past years. This is only partly explained by changes in the national guidelines for bariatric surgery. The purpose of the cross-sectional study is to investigate referral patterns and possible reservations regarding bariatric surgery among Danish primary care physicians (PCPs).

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