

Author's Accepted Manuscript

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PII: S1550-7289(16)30872-3
DOI: <http://dx.doi.org/10.1016/j.soard.2016.12.010>
Reference: SOARD2858

To appear in: *Surgery for Obesity and Related Diseases*

Cite this article as: Thisciane Ferreira Pinto, Pedro Felipe Carvalhede Bruin, Paulo Marcos Lopes, Francisco Ney Lemos, Fernando Henrique Azevedo Lopes and Veralice Meireles Sales de Bruin, Effects of bariatric surgery on night eating and depressive symptoms: a prospective study, *Surgery for Obesity and Related Diseases*, <http://dx.doi.org/10.1016/j.soard.2016.12.010>

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Effects of bariatric surgery on night eating and depressive symptoms: a prospective study

Short title: Night eating, depressive symptoms and obesity surgery

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Abstract

BACKGROUND: Night eating syndrome (NES) is characterized by a delayed pattern of food intake and is clinically defined by the presence of evening hyperphagia, nocturnal ingestion, morning anorexia and sleep problems. Although most studies report an association of obesity, depressive mood and NES, very little is known about the impact of bariatric surgery in the course of this syndrome, particularly in subjects with depressive symptoms.

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