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Original article

Familial and syndromic lupus share the same phenotype as other early-onset forms of lupus



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ARTICLE INFO

Article history:

Accepted 21 September 2016

Available online 28 December 2016

ABSTRACT

Objective: Studies of early-onset systemic lupus erythematosus (SLE) have identified monogenic forms of the disease. The primary objective of this study was to compare the clinical and laboratory features of the first patients included in the GENIAL/LUMUGENE cohort to those reported in previous publications. The secondary objective was to determine whether subgroups with a distinctive pattern of clinical and biological features are seen in predominantly genetic forms of SLE.

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<http://dx.doi.org/10.1016/j.jbspin.2016.12.008>

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Keywords:

Systemic lupus erythematosus
 Monogenic lupus
 Pediatrics
 Genetics
 Autoimmunity

Methods: GENIAL/LUMUGENE is a French nationwide study of the clinical, immunological, and genetic features of juvenile-onset SLE (clinicaltrials.gov #NCT01992666). Clinical and laboratory data from the first 64 patients younger than 18 years who were included in the first part of the study were collected retrospectively. Predefined criteria were used to divide the patients into three subgroups: syndromic SLE ($n = 10$) and familial SLE ($n = 12$) – both presumed to have a strong genetic component – and other forms of early-onset SLE ($n = 42$).

Results: The predefined criteria for identifying subgroups based on knowledge of the clinical and epidemiological features of monogenic SLE showed a significantly younger age at onset in syndromic SLE ($P < 0.05$) and a lower frequency of joint manifestations in familial SLE.

Conclusions: In this study, clinical and epidemiological data alone failed to identify a specific patient subgroup characterized by the same disease presentation or progression. This result may be related to the small sample size or indicate marked heterogeneity of juvenile-onset SLE. Genetic studies using new sequencing techniques in these patients might identify genetic factors responsible for marked phenotypic variability.

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1. Introduction

Systemic lupus erythematosus (SLE) is a multisystem autoimmune disease whose multifactorial pathogenesis involves genetic, immunological, and environmental influences. The first symptoms develop before 16 years of age in 15% of cases [1,2]. Juvenile-onset SLE is characterized by greater severity and a more prominent role for genetic factors, compared to SLE in young adults [3,4]. Over the last decade, studies of early-onset syndromic and familial forms of SLE have led to the identification of monogenic forms of SLE. The main disease-causing mutations result in complement deficiency, interferonopathies, or apoptosis deficiency [5]. Advances in DNA sequencing techniques will facilitate the identification of these rare mutations.

GENetic & Immunologic Abnormalities in Systemic Lupus Erythematosus (GENIAL)/LUMUGENE (clinicaltrials.gov #NCT01992666) is a clinical study of genetic and immunological abnormalities seen in juvenile-onset SLE. Here, we report the results of the first part of this study, whose primary objective was to compare the clinical and laboratory features of the first patients included in the cohort to those described in previous publications. The secondary objective was to determine whether subgroups with a distinctive pattern of disease progression are seen in predominantly genetic forms of SLE.

2. Methods

We studied the clinical and laboratory features of patients with juvenile-onset SLE who were included in GENIAL/LUMUGENE between December 2011 and August 2015. All patients met the American College of Rheumatology (ACR) criteria for SLE. They were included at 14 pediatric hospitals in France. Starting in 2013, all data were collected prospectively. Earlier data were abstracted retrospectively from the medical records. A tissue bank for immunological and genetic investigations was established. The study was approved by the Sud-Est III ethics committee (#2013-011B), French Data Protection Authority (CNIL, #DR-2013-354), and French Advisory Committee on Healthcare Research Data Processing (CCTIRS, #2013.223).

Inclusion criteria were SLE meeting ACR criteria, disease onset before 18 years of age, coverage by the French statutory health insurance system, and informed consent to study participation.

We defined three patient subgroups based on current knowledge about monogenic SLE, i.e., symptoms specific of interferonopathies, apoptosis deficiencies, or complement deficiencies; consanguinity; and familial clustering (Fig. 1): syndromic SLE, familial SLE, and other early-onset SLE. Syndromic SLE was defined as the presence of at least one of the following: growth

failure in length and weight not explained by drug exposures; intellectual deficiency; birth defects involving the heart, lungs, or kidneys; chilblains; lymphoproliferative disorder; or intracerebral calcifications. Patients with consanguineous ancestry or SLE in a first-degree relative were classified as having familial lupus. All other patients with SLE diagnosed before 18 years of age were classified in the early-onset SLE group.

The following data were collected for each patient: family health history, age at diagnosis, gender, ethnicity, complete list of clinical and laboratory investigations performed during follow-up, and treatments. Disease activity was evaluated by determining the Systemic Lupus Erythematosus Disease Activity Index (SLEDAI). At inclusion in the cohort, the following laboratory data were collected: blood cell counts; erythrocyte sedimentation rate (ESR); proteinuria; serum creatinine; total complement (CH50) and C3 and C4 fractions; anti-phospholipid antibodies; auto-antibodies including antinuclear antibodies (ANA), anti-double-stranded DNA (anti-dsDNA), anti-SSA, anti-SSB, anti-Sm, and anti-RNP. Renal biopsy findings were recorded using the 2003 classification established by the International Society of Nephrology/Renal Pathology Society (ISN/RPS) [6].

Statistical comparisons were performed using Fisher's exact test and the Mann-Whitney test.

3. Results

3.1. Population

We included 64 patients with a median age at the diagnosis of SLE of 12.4 years (1.2–16) and a female-to-male ratio of 4.3:1. The most common past or current clinical manifestations involved the joints (85.9%), skin (79.7%), blood cells (71.9%), and kidneys (43.7%). Renal biopsies were performed in 25 children and revealed a majority of *cl* IV lupus nephritis (ISN/RPS 2003) with the following distribution: *cl* II (1pt), *cl* IIIA (5pt), *cl* IV-S(A) (2pt), *cl* IV-G(A) (7pt), *cl* IV-S(A/C) (3pt), *cl* IV-G(A/C) (2pt), *cl* IV-S(C) (1pt), *cl* V (7pt), *cl* VI (2pt). Among them, 5 presented with a combined diagnosis (IV-S(C) + V; IV-G(A/C) + V; IIIA + V; IIIA + IV-G(A); IV-G(A) + V).

3.2. Manifestations in each group

Of the 64 patients, 10 had syndromic SLE, 12 familial SLE, and 42 other forms of early-onset SLE. Manifestations in the syndromic SLE group consisted of growth failure unexplained by drug exposures ($n = 5$), chilblains consistent with interferonopathy ($n = 3$), bone dysplasia ($n = 1$), and intellectual deficiency ($n = 1$). The 12 patients with familial SLE belonged to 10 different families. Among them, 2 had a family history of consanguinity and 10 had an affected

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