#### OBSTETRICS

# Topical application of recombinant activated factor VII during cesarean delivery for placenta previa



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**BACKGROUND:** During cesarean delivery in patients with placenta previa, hemorrhaging after removal of the placenta is often challenging. In this condition, the extraordinarily high concentration of tissue factor at the placenta site may constitute a principle of treatment as it activates coagulation very effectively. The presumption, however, is that tissue factor is bound to activated factor VII.

**OBJECTIVE:** We hypothesized that topical application of recombinant activated factor VII at the placenta site reduces bleeding without affecting intravascular coagulation.

**STUDY DESIGN:** We included 5 cases with planned cesarean delivery for placenta previa. After removal of the placenta, the surgeon applied a swab soaked in recombinant activated factor VII containing saline (1 mg in 246 mL) to the placenta site for 2 minutes; this treatment was repeated once if the bleeding did not decrease sufficiently. We documented the treatment on video recordings and measured blood loss. Furthermore, we determined hemoglobin concentration, platelet count, international normalized ratio, activated partial thrombin time, fibrinogen (functional),

factor VII:clot, and thrombin generation in peripheral blood prior to and 15 minutes after removal of the placenta. We also tested these blood coagulation variables in 5 women with cesarean delivery planned for other reasons. Mann-Whitney test was used for unpaired data.

**RESULTS:** In all 5 cases, the uterotomy was closed under practically dry conditions and the median blood loss was 490 (range 300-800) mL. There were no adverse effects of recombinant activated factor VII and we did not measure factor VII to enter the circulation. Neither did we observe changes in thrombin generation, fibrinogen, activated partial thrombin time, international normalized ratio, and platelet count in the peripheral circulation (all *P* values >.20).

**CONCLUSION:** This study indicates that in patients with placenta previa, topical recombinant activated factor VII may diminish bleeding from the placenta site without initiation of systemic coagulation.

**Key words:** factor VIIa, hemostatic agents, maternal mortality, placenta previa, postpartum hemorrhage, topical treatment

#### Introduction

After both vaginal and cesarean delivery, blood flow through the placental site decreases from 5-6 L/min to 0 within a few minutes.<sup>1</sup> This happens due to: (1) the immense contraction of the myometrium of the uterus, which compresses the spiral arteries; and (2) a local activation of the coagulation system. During cesarean delivery for placenta previa (PP), which occurs in 0.4% of all pregnancies,<sup>2</sup> the risk of hemorrhage is high as the contractile capacity of the thin myometrium of the lower uterine segment is limited. Therefore, standard procedures used for postpartum hem-

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Additionally, hemostatic agents for both systemic and topical use have been introduced to enhance coagulation at the placenta site. The systemic treatment, however, with recombinant activated factor VII (rFVIIa)<sup>4,5</sup> and perhaps also with tranexamic acid<sup>6</sup> increases the risk of thromboembolic events that are worsened by the hypercoagulative effects of pregnancy.<sup>1,7</sup> Therefore, topical treatments are attractive. They span from collagen, gelatin, polysaccharides, chelating agents, and Monsel solution to carriers with coagulative active agents such as thrombin and fibrinogen. Some of the topical treatments are based on nonhuman tissue and blood-derived agents, which heighten the risk of immunological reactions and infections in the uterus.<sup>8-13</sup>

Topical treatment of the placental site with rFVIIa has not been studied yet. Tissue factor (TF) is a receptor for both inert factor VII (FVII) and activated FVII (FVIIa) and thus TF constitutes the key trigger of the blood coagulation cascade. TF is constitutively expressed by cells surrounding blood vessels where it is considered to shape a "hemostatic envelope."14-16 In addition, the TF concentration in the amniotic fluid exceeds that in all other body fluids<sup>17,18</sup> and TF is abundant in the placenta and in the uterine wall, ie, in the epithelial and the decidual cells thereby providing the pregnant uterus with an extra hemostatic potential.<sup>14-21</sup>

TF reacts as a cofactor in augmenting the activity of FVIIa 1000-fold.<sup>7,16</sup> Indeed, TF plays a critical role in uterine hemostasis: in mice, TF expressed by the uterine epithelium, decidua, and trophoblast is reported to prevent fatal hemorrhage immediately after the detachment of the placenta from the uterine wall.<sup>19</sup>

In human placental sections, immunostaining for TF indicates that expression is highest in decidual cell membranes at the maternal-fetal interface where it can bind to FVIIa and perform hemostatic demands during labor following placental separation via thrombin formation.<sup>20,21</sup>

The aim of the present study including patients undergoing cesarean delivery for PP was to evaluate whether topical application of rFVIIa to the placenta site diminishes the hemorrhage without enhancing the propensity for systemic coagulation.

### **Materials and Methods**

As cases, we included 7 women undergoing cesarean delivery for PP. We defined PP as cases in which the placenta covered the internal os of the cervix. PP was confirmed ultrasonically days before the operation. We did not include women with a known history of coagulation disease.

To determine possible coagulative changes due to the treatment and not due to the cesarean delivery per se, we also determined the coagulation factors in 5 women with no PP who underwent cesarean delivery. These women were not treated with rFVIIa.

#### **Reagents**

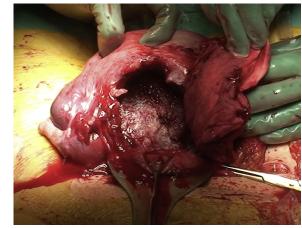
We dissolved 1 ampule of 1 mg of rFVIIa (NovoSeven; Novo Nordisk A/S, Bagsvaerd, Denmark) in an enclosed 6-mL histidine solution and brought it up to 246 mL with sterile isotonic saline just a few minutes before use. As the carrier, we used a nonwoven abdominal swab (Barrier; Mölnlycke Health Care ApS, Allerød, Denmark) soaked in this solution. The pH of the saline solution was 5.8 and remained unchanged when the swab was soaked into it; thus the presence of the swab did not cause pH changes that could result in the denaturation of rFVIIa.

#### Procedure

All participants had a lumbar spinal blockade as anesthesia and 1.5 g of cefuroxime. After removal of the placenta, we gave 10 international units of oxytocin intravenously, whereas tranexamic acid was not used. In the cases, the rFVIIa-carrying swab was then applied at the placenta site for 2 minutes

#### FIGURE 1

Topical recombinant activated factor VII (rFVIIa) and placenta previa



Acceptable bleeding from placenta site while removing rFVIIa-carrying swab. *Schjoldager et al. Topical rFVIIa and placenta previa. Am J Obstet Gynecol 2017.* 

before carefully removal to avoid withdrawing newly formed blood clots. The rFVIIa treatment could be repeated using the remainder of the rFVIIa saline solution and a fresh swab. A second ampule of 1 mg was used if the bleeding did not decrease sufficiently.

Bleeding was documented by video recordings and blood loss measured as routine, ie, the volume of amniotic fluid was estimated by suction and extracted from the total volume; likewise the swabs were weighed after use to correctly calculate the amount of blood contained herein.

#### **Blood samples**

To evaluate systemic blood coagulation in both cases treated with rFVIIa due to PP and in participants without PP and therefore not treated with rFVIIa, we obtained blood samples just prior to the cesarean delivery and 15 minutes after removal of the placenta.

A K2 EDTA (BD Vacutainer; Becton, Dickinson and Company, Plymouth, UK) tube was used for measurement of hemoglobin and platelet count employing Sysmex XE-5000 (Sysmex, Kobe, Japan). Blood samples for measurement of international normalized ratio (INR), activated partial thrombin time (APTT), fibrinogen (functional), FVII:clot, and thrombin generation were obtained in 3.2% sodium citrate tubes (BD Vacutainer). INR, APTT, and fibrinogen

(functional) were analyzed employing a CS 2100i (Sysmex). FVII:clot was analyzed by ACL TOP (Instrumentation Laboratory, Bedford, MA). Regarding thrombin generation, the blood samples were centrifuged at 3000g for 25 minutes at 20°C and frozen at -80°C until analvsis. Thrombin generation was measured platelet-poor plasma with the in addition of TF (5 pmol/L), phospholipids (4  $\mu$ mol/L), and calcium using a calibrated automated thrombogram (Thrombinoscope BV, Maastricht, The Netherlands). The following parameters were analyzed: lag time indicating the time until initial thrombin generation (minutes), maximum concentration of thrombin generation (nmol/L), time to peak of thrombin generation (minutes), and endogenous thrombin potential  $(nmol/L \times minutes).$ 

#### Adherence to the protocol

We excluded 2 of the 7 cases as they were not managed per protocol. In 1 of the excluded cases, the rFVIIa-carrying swab was very tightly wrung prior to exposure to the placenta site and therefore functioned as an absorbing swab rather than a carrier. In the other case, a heavy bleeding and a nonfunctioning suction system led to a situation where the first rFVIIa-carrying swab was placed for too short a time and not directly on the placenta site. A repeated treatmentDownload English Version:

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