

# Accepted Manuscript



Cognitive Behavior Therapy to Treat Sleep Disturbance and Fatigue Following Traumatic Brain Injury: A Pilot Randomized Controlled Trial

Sylvia Nguyen, MPsych, Adam McKay, PhD, Dana Wong, PhD, S.M. Rajaratnam, PhD, Gershon Spitz, PhD, Gavin Williams, PhD, Darren Mansfield, MD, PhD, Jennie L. Ponsford, PhD

PII: S0003-9993(17)30227-7

DOI: [10.1016/j.apmr.2017.02.031](https://doi.org/10.1016/j.apmr.2017.02.031)

Reference: YAPMR 56852

To appear in: *ARCHIVES OF PHYSICAL MEDICINE AND REHABILITATION*

Received Date: 29 December 2016

Accepted Date: 14 February 2017

Please cite this article as: Nguyen S, McKay A, Wong D, Rajaratnam S, Spitz G, Williams G, Mansfield D, Ponsford JL, Cognitive Behavior Therapy to Treat Sleep Disturbance and Fatigue Following Traumatic Brain Injury: A Pilot Randomized Controlled Trial, *ARCHIVES OF PHYSICAL MEDICINE AND REHABILITATION* (2017), doi: 10.1016/j.apmr.2017.02.031.

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

*Original Article*

**Title:** *Cognitive Behavior Therapy to Treat Sleep Disturbance and Fatigue Following Traumatic Brain Injury: A Pilot Randomized Controlled Trial*

**Authors:**

Sylvia Nguyen, MPsych<sup>1,2</sup>; Adam McKay, PhD<sup>1,2</sup>; Dana Wong, PhD<sup>1,2</sup>; SM Rajaratnam, PhD<sup>1</sup>; Gershon Spitz, PhD<sup>1,2</sup>; Gavin Williams, PhD<sup>3</sup>; Darren Mansfield, MD, PhD<sup>1</sup>; Jennie L. Ponsford, PhD<sup>1,2</sup>

1. Monash Institute of Cognitive & Clinical Neurosciences and School of Psychological Sciences, Monash University, VIC
2. Monash-Epworth Rehabilitation Research Centre, Melbourne, VIC
3. Epworth Healthcare, Melbourne, VIC

**Acknowledgements:** The authors wish to thank Dr Kate Frencham for delivering the intervention, Dr Moira Junge and Dr Kerrie Haines for providing clinical supervision and rating treatment fidelity, Dr Lisa Johnston for managing the randomization process, Ms Jacqueline Owens for completing the follow-up interviews and Ms Jacqueline Waite for conducting exercise assessments. We are also thankful to all the participants involved in the study.

**Financial Support:** The study received funding support from the Centre of Research Excellence for Brain Recovery (1023043) and the Epworth Research Institute (80969).

Download English Version:

<https://daneshyari.com/en/article/5677543>

Download Persian Version:

<https://daneshyari.com/article/5677543>

[Daneshyari.com](https://daneshyari.com)