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ORIGINAL ARTICLE

# Epigallocatechin-3-gallate inhibits transforming-growth-factor- $\beta$ 1-induced collagen synthesis by suppressing early growth response-1 in human buccal mucosal fibroblasts



Yu-Ping Hsieh<sup>a</sup>, Hsin-Ming Chen<sup>a,b</sup>, Hung-Ying Lin<sup>b</sup>,  
Hsiang Yang<sup>b</sup>, Jenny Zwei-Chieng Chang<sup>a,b,\*</sup>

<sup>a</sup> Graduate Institute of Clinical Dentistry, School of Dentistry, National Taiwan University, Taipei, Taiwan

<sup>b</sup> Department of Dentistry, National Taiwan University Hospital, Taipei, Taiwan

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## KEYWORDS

early growth response-1;  
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fibroblast;  
oral submucous fibrosis;  
transforming growth factor  $\beta$

**Background/purpose:** Transforming growth factor (TGF)- $\beta$  is a key regulator in the pathogenesis of oral submucous fibrosis (OSF). Early growth response (Egr)-1 is essential for fibrotic responses to TGF- $\beta$ . Because TGF- $\beta$  signaling is cell-type- and context-dependent, we investigated the signaling involved in TGF- $\beta$ -induced Egr-1 in primary human buccal mucosal fibroblasts (BMFs).

**Methods:** TGF- $\beta$ -induced Egr-1 and its signaling were assessed by western blotting in BMFs. Egr-1 small interfering RNA was used to define the role of Egr-1 on TGF- $\beta$ -induced mRNAs of the  $\alpha$ 1- and  $\alpha$ 2-chains of type I collagen (COL1A1 and COL1A2) and acid-soluble collagen production (via Sircol collagen assay). The effects of epigallocatechin-3-gallate (EGCG) on TGF- $\beta$ -induced Egr-1 protein and acid-soluble collagen were also evaluated.

**Results:** TGF- $\beta$ 1 stimulated Egr-1 production in BMFs. Pretreatment with PD98059, SP600125, SB431542, and SIS3, but not SB203580, significantly reduced TGF- $\beta$ 1-induced Egr-1 protein expression. Genetic targeting of Egr-1 completely inhibited TGF- $\beta$ 1-induced type I collagen mRNAs and collagen protein expression. EGCG fully inhibited TGF- $\beta$ 1-induced Egr-1 and TGF- $\beta$ 1-stimulated production of acid-soluble collagens.

**Conclusion:** We conclude that activin receptor-like kinase (ALK)5, Smad3, extracellular signal-regulated kinase, and c-Jun N-terminal kinase are involved in the TGF- $\beta$ 1-induced Egr-1 protein production in BMFs. Egr-1 mediates TGF- $\beta$ 1-induced COL1A1 and COL1A2 mRNA expression and acid-soluble collagen production in BMFs. EGCG can block TGF- $\beta$ 1-induced collagen

Conflicts of interest: The authors have no conflicts of interest relevant to this article.

\* Corresponding author. School of Dentistry, National Taiwan University Hospital, 1 Chang-Te Street, Taipei, 10048, Taiwan.  
E-mail address: [jennyzc@ms3.hinet.net](mailto:jennyzc@ms3.hinet.net) (J.Z.-C. Chang).

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production by attenuating Egr-1 expression in BMFs. Egr-1 is a key mediator in TGF- $\beta$ 1-induced pathogenesis of OSF. EGCG may be useful in the prevention or treatment of OSF.

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## Introduction

Oral submucous fibrosis (OSF) is a precancerous condition of the oral cavity. In the advanced stage of OSF, type I collagen is the major extracellular matrix constituent in the lamina propria and submucosal layer of the oral cavity.<sup>1</sup> Areca nut (AN; *Areca catechu*) chewing is the most important etiological factor for OSF. The major AN alkaloid, arecoline, causes imbalance between collagen degradation and synthesis.<sup>2</sup> Exposure to AN and stimulation of the transforming growth factor (TGF)- $\beta$  pathway are responsible for overproduction of collagen and decreased degradation of collagen in OSF.<sup>3</sup> Immunohistochemistry has shown intense TGF- $\beta$  staining of epithelium, fibroblast, macrophages, and inflammatory cells in early OSF.<sup>4</sup> Arecoline upregulates expression of  $\alpha$ v $\beta$ 6 integrin in oral keratinocytes; the  $\alpha$ v $\beta$ 6-dependent TGF- $\beta$ 1 activation further induces myofibroblast transdifferentiation and contributes to the pathogenesis of OSF.<sup>5</sup> At present, no known treatment completely reverses the process of OSF. Although anti-TGF- $\beta$  therapy has shown significant antifibrotic effects in animal models, systemically administered and repeated doses of anti-TGF- $\beta$ 1 drug therapy in systemic sclerosis resulted in significant morbidity and mortality in a multicenter, randomized, placebo-controlled clinical trial.<sup>6</sup> TGF- $\beta$  regulates important physiological processes, including tumor suppression<sup>7</sup> and immunosuppression.<sup>8</sup> Inhibiting TGF- $\beta$  activity causes spontaneous autoimmunity and epithelial hyperplasia, or interferes with wound healing.<sup>9</sup> Thus, therapeutic targets other than TGF- $\beta$  need to be evaluated.

Early growth response (Egr)-1 is an immediate early gene located on human chromosome 5q31, encoding an 80-kDa zinc-finger transcription factor that binds to guanine-cytosine (GC)-rich regulatory DNA elements in the promoter region of many target genes.<sup>10</sup> It plays important roles in cellular growth, differentiation, and activation of cell death pathways. It is normally low or undetectable, however, it is induced rapidly and transiently by a wide range of environmental stimuli, including TGF- $\beta$ .<sup>10,11</sup> Sustained expression of Egr-1 contributes to pathological responses. Increased Egr-1 is detected in lesional human fibrotic tissues from atherosclerotic plaques, idiopathic pulmonary fibrosis, and lung and skin of scleroderma.<sup>11</sup> Our recent study has demonstrated elevated Egr-1 staining in OSF specimens.<sup>12</sup> We have also shown that arecoline stimulates Egr-1 in normal human buccal mucosal fibroblasts (BMFs), implying a role of Egr-1 in the pathogenesis of OSF.<sup>12</sup>

Egr-1 is an important mediator of TGF- $\beta$ -induced responses.<sup>10</sup> TGF- $\beta$  induces rapid and transient accumulation of Egr-1 mRNA and protein in normal fibroblasts.<sup>13</sup> Egr-1 subsequently stimulates collagen synthesis, myofibroblast

differentiation, and other fibrotic responses, including the secretion of fibrogenic growth factors and cytokines, leading to a positive feedback loop to contribute to the development and persistence of fibrosis.<sup>11</sup> Type I collagen, the principal matrix protein deposited in OSF, is a heterotrimeric molecule composed of two  $\alpha$ 1-chains and one  $\alpha$ 2-chain. The  $\alpha$ 1-chain and  $\alpha$ 2-chain of type I collagen (COL1A1 and COL1A2) promoters contain binding sites for Egr-1.<sup>13,14</sup> Forced expression of Egr-1 is sufficient by itself to upregulate COL1A2 promoter activity and further enhance the synthesis of type I collagen.<sup>13</sup> Egr-1-null murine embryonic fibroblasts show attenuated synthesis of TGF- $\beta$ -induced type I procollagen.<sup>13</sup> In explanted Egr-1-null murine skin fibroblasts, TGF- $\beta$  stimulation of collagen synthesis, cell migration, and myofibroblast transdifferentiation are all significantly impaired.<sup>15</sup> Therefore, Bhattacharyya et al.<sup>11</sup> suggested Egr-1 as the new conductor in orchestrating fibrotic responses.

Considering the broad range of the biological roles of Egr-1, it is interesting that Egr-1-deficient mice are viable yet without apparent phenotype except for female infertility, reduced body size, impaired liver regeneration, or some altered tissue remodeling.<sup>11</sup> Therefore, in the context of treating fibrosis, Egr-1 should be better than TGF- $\beta$  as a therapeutic target. Because Egr-1 is crucial for TGF- $\beta$ -dependent fibrotic responses and because TGF- $\beta$  signaling is cell-type- and context-dependent,<sup>16</sup> we investigated the signaling pathways of TGF- $\beta$ -induced Egr-1 expression in normal human BMFs and the effects of blocking Egr-1 on the expression of TGF- $\beta$ -induced COL1A1 and COL1A2 mRNAs and the production of TGF- $\beta$ -induced collagen synthesis in BMFs. We further explored whether green tea polyphenol, epigallocatechin-3-gallate (EGCG), affected TGF- $\beta$ -induced Egr-1 and collagen synthesis in BMFs.

## Methods

### Cell culture

Under the approval of the Research Ethic Committee of National Taiwan University Hospital (approval number: 201305062RINC), three primary BMFs cultures were established with informed consent obtained from patients as described previously.<sup>12</sup> Cells were plated on 60-mm Petri dishes at a density of  $2 \times 10^5$  cells, followed by 24 hours serum deprivation before treatment with TGF- $\beta$ 1 (R&D Systems, Minneapolis, MN, USA). To study the potential signaling transduction pathways, BMFs were pretreated with 10  $\mu$ M extracellular signal-regulated kinase (ERK) inhibitor PD98059, 10  $\mu$ M kinase (JNK) inhibitor SP600125, 10  $\mu$ M p38 mitogen-activated protein kinase (MAPK) inhibitor SB203580, 10  $\mu$ M

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