Accepted Manuscript

Title: Self-guided interventions for managing psychological distress in people with cancer—A systematic review

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PII: S0738-3991(16)30562-6

DOI: http://dx.doi.org/doi:10.1016/j.pec.2016.12.009

Reference: PEC 5528

To appear in: Patient Education and Counseling

Received date: 3-8-2016 Revised date: 1-12-2016 Accepted date: 13-12-2016

Please cite this article as: Ugalde Anna, Haynes Kerry, Boltong Anna, White Victoria, Krishnasamy Meinir, Schofield Penelope, Aranda Sanchia, Livingston Patricia. Self-guided interventions for managing psychological distress in people with cancer—A systematic review. *Patient Education and Counseling* http://dx.doi.org/10.1016/j.pec.2016.12.009

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ACCEPTED MANUSCRIPT

Self-guided interventions for managing psychological distress in people with cancer – a systematic review

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