



Original Article

# The role of tunica vaginalis flap in staged repair of hypospadias



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## KEYWORDS

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**Abstract** *Objective:* The surgical repair of hypospadias is done in two stages in a select group of patients with severe anomaly. The first stage (I) procedure consists of correction of penile shaft curvature and second stage (II) repair involves the creation of a neourethra. This neourethra needs a cover of an intermediate layer in order to have good functional and cosmetic results. Among the various local flaps, tunica vaginalis flap is a good option for the use as an intermediate layer.

*Methods:* We have managed 22 patients of chordee with hypospadias by staged repair. In Stage I, chordee correction was done by dividing the urethral plate and covering the penile shaft with dorsal prepuce flaps. In Stage II, a neourethra was created and covered with tunica vaginalis flap either through the same incision (14/22) or via a subcutaneous tunnel (8/22). An indwelling catheter was kept for 10 to 12 days.

*Results:* Eighteen (81.8%) patients had successful functional and cosmetic repair. Two patients (9.1%) had urethrocutaneous fistula of which one healed on subsequent dilatation while the other one (4.5%) needed repair. Overall fistula formation rate was 4.5%. In two patients, the external urinary meatus could be made upto subglanular or coronal level.

*Conclusion:* Staged repair of chordee with hypospadias is valuable in selected group of patients and tunica vaginalis flap is an excellent intermediate layer to cover the neourethra. However preoperative counseling is particularly essential in patients where the external urinary meatus can be created at coronal or subglanular level.

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## 1. Introduction

Hypospadias is one of the most common congenital anomalies occurring in approximately 1 of 200 to 1 of 300 live birth [1]. It is usually accompanied by a band of fibrous tissue extending from the abnormal meatus to the glans and this band shortens the ventral aspect of penile shaft and results in the downward curvature (chordee). In hypospadias patients where the chordee is severe many surgeons have elected to proceed with a planned two-stage procedure to minimize complications and improve the outcome [2–5]. The staged repair of hypospadias is essentially consist of two stages wherein Stage I repair involve the complete straightening of penile shaft and in Stage II neourethra is created by rolling out ventral penile shaft skin. This neourethra always need a cover of intermediate layer for good functional and cosmetic results. However, there are not enough reports in literature regarding the choice of intermediate layer for covering the neourethra [6]. There are various available options of different flaps or free grafts to be used as an intermediate layer but tunica vaginalis flap is more frequently used because of its inherent advantages over others [7–10]. In this study of 22 patients of chordee with hypospadias, we are presenting our experience of using tunica vaginalis flap as an intermediate layer for cover of neourethra in second stage repair.

## 2. Materials and methods

In this study, the analysis of data of 22 patients of hypospadias with chordee was done regarding the functional outcome, fistula rate and cosmesis. These patients were managed by staged repair over a period of 4 years between January, 2010 to December, 2013. The meatal location before correction of the chordee was distal penile in six, mid penile in five, proximal penile/penoscrotal in nine. In two patients the meatus was at coronal level with severe chordee and the distal urethra was hypoplastic and managed by staged repair. Patient age at Stage I repair ranged from 2.5 years to 14 years (mean 7.2 years). Stage II was performed after a minimum of 6 months after the first stage (6 months–2 years). This neourethra was covered by tunica vaginalis flap in all patients. The hypospadias patients with undescended testis or intersex disorder were not included in this study.

### 2.1. Surgical technique

All patients were operated under general anesthesia with caudal block. A circular incision was given a few mm proximal to coronal level around the penile shaft. The fibrous urethral plate was transected and hypoplastic corpus spongiosum was excised upto the level of normal urethra surrounded by normal spongiosum. Straightening of the penile shaft was confirmed by Gittes test and two patients needed dorsal plication. Then the dorsal prepuce was divided into two equal halves (Byar's flaps) and rotated ventrally to cover the penile shaft. A small midline incision was given into glanular urethra and a portion of prepuce flap was put into place to widen the granular groove. An indwelling catheter was put in place into neomeatus which was shifted proximally and compressive dressing was done. Postoperative

patient were given antibiotics and analgesics. The catheter was removed after 5 days and patients were discharged.

### 2.2. Stage II repair

The neourethra was created from the strip of ventral skin by making a 'U' shaped incision and this strip was tubularized over an 8 or 10 French Gauge catheter with 6-0 vicryl suture from the level of external meatus upto glans (Fig. 1). However, in 2/22 patients neourethra was created only upto subglanular/coronal level because of flat glans. A second layer of interrupted sutures were applied over the neourethra. Then one testicle was brought out through a transverse scrotal incision (8/22) or via the same incision as for creating neourethra (14/22). The tunica vaginalis was incised and reconfigured as a flap. This flap was then transferred over the neourethra either through the same incision (14/22) or via a subcutaneous tunnel (8/22). The penile shaft skin was closed (Fig. 1). The respective testicle was fixed to scrotal dartos with 4-0 vicryl suture attaching the left over rim of tunica vaginalis with the dartos. The scrotal incision was closed over a pennrose drain (4/8). Post operatively patients were given intravenous antibiotics, cefotaxime and amikacin for 5–7 days. The scrotal drain was removed after 48 h and the dressing was changed on 4th, 7th and 10th postoperative days. An indwelling catheter was kept *in situ* for 10–12 days and no patient required suprapubic diversion.

## 3. Results

All patients were discharged after removal of indwelling catheter and followed up in out-patient clinic on weekly interval for 1 month and then monthly for 6 months. The maximum follow-up is upto 3 years for earlier operated patients. The neourethra was calibrated with a urethral sound/dilator regularly in all patients in outpatient department only upto first two to three follow-up visits. There was urinary leak from the original meatus site in two patients who needed urethral dilatation under anesthesia. The urinary leak stop in one patient after 3 months and one had persistent leak. This fistula was closed after 6 month of repair. Overall 81.8% (18/22) of patients had successful functional and cosmetic repair. Two patients (9.1%) had urethrocutaneous fistula of which one healed on subsequent dilatation while the other one (4.5%) needed repair and rate of fistula formation was 4.5% in the present study. In two patients, the external meatus was at subglanular area and it was well accepted by the patients.

## 4. Discussion

The choice of technique of repair of hypospadias largely depends on the components of this anomaly namely urethral plate size, presence or absence of chordee, size of phallus, location of meatus and to some extent the personal experience of the surgeon. The primary goal in management is to straighten the penile shaft and bring the external urinary meatus into glanular area. In patients where division of urethral plate become necessary to correct the chordee, the choice lies either between staging the procedure or other single option well described in literature.

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