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Revisiting Sports Precautions in Children with Solitary Kidneys and CAKUT (Congenital Anomalies of the Kidney and Urinary Tract)

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## Abstract

This review article explores sports and recreational precautions in children with solitary kidneys. In 2001, the American Academy of Pediatrics published recommendations for activity in children with medical conditions. Those with solitary kidneys were graded a "qualified yes": no restriction in non-contact sports, and individual assessment for limited-

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