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## Original article

# Unfavorable prognostic role of tumor-infiltrating lymphocytes in hormone-receptor positive, HER2 negative metastatic breast cancer treated with metronomic chemotherapy



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#### ABSTRACT

*Background:* High levels of tumor-infiltrating lymphocytes (TILs) in primary triple negative and HER2-positive breast cancer (BC) have been associated with an improved patients' outcome. The role of TILs in Luminal (hormone receptor positive and HER2 negative) tumors remains to be elucidated. Moreover, the association between TILs and prognosis in the metastatic setting is still unknown.

Patients and methods: We evaluated the relationship between TILs and time to progression (TTP) in metastatic BC patients enrolled in a prospective phase II trial of metronomic chemotherapy, that used cyclophosphamide 50 mg daily, capecitabine 500 mg thrice daily and vinorelbine 40 mg orally three times a week (VEX combination).

Results: Of the 108 ER + BC patients enrolled in the VEX trial, 92 (85%) had sufficient tumor tissue and were assessed for TILs in H&E stained slides. TILs were evaluated in 38 primary BC samples and 54 metastatic sites. High (≥10%) TILs levels were significantly correlated with high Ki-67 labeling index. At multivariable analysis, each 10% increase in TILs strongly predicted a worse TTP (HR: 1.27, p = 0.008). VEX trial patients, categorized by a 3 tiers system (0−4%, 5−9% and >10% TILs) showed significantly different progression free survival curves (p = 0.011).

Conclusions: High TILs levels are significantly associated with a worse TTP in Luminal metastatic BC patients treated by metronomic chemotherapy. Our data confirm the reliability of TILs as a biomarker in the BC metastatic setting. The putative unfavorable prognostic role of TILs in Luminal BC patients might have clinical utility if validated by further studies.

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#### 1. Introduction

Immunity plays a pivotal role in cancer shaping and elimination, and a positive correlation between the extent of tumor infiltrating lymphocytes (TILs) and better clinical outcome has been convincingly demonstrated in a number of solid human malignancies, such

as lung cancer, melanoma and colorectal adenocarcinoma. The prognostic value of TILs has been proven in thousands of triplenegative (TN) and HER2+ breast cancer (BC) patients, both in the adjuvant and neoadjuvant setting [1–8]. Moreover, recently issued standardized guidelines, ring studies and validation analyses in routine patient samples have improved the robustness and the reproducibility of TILs evaluation [9–11]. Less straightforward data have been reported thus far in estrogen receptor positive (ER+) BC patients. In their pivotal studies, Loi et al. evaluated TILs levels in 1670 ER+, HER2- BC patients enrolled in the BIG 2–98 and FinHER trials, failing to find any significant correlation with outcome [1,2]. In a recent meta-analysis on twenty-five published studies including 22,964 BC patients, Mao et al. found that TILs indicated a

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survival benefit in TN and HER2+ BC patients, but not in ER+patients (HR: 1.01; 95% CI: 0.94-1.07 for DFS; HR: 1.09; 95% CI: 0.98-1.21 for OS) [12]. Interestingly, recent data from a retrospective study on lobular BC patients suggested that the TILs were associated with a worse prognosis [13]. Denkert et al. found that a high content of TILs conferred a significantly (p = 0.003) higher likelihood of pathological complete response in HR + BC patients enrolled in the GeparDuo and GeparTrio Trials of neoadjuvant chemotherapy [3]. Likewise, Issa-Nummer retrospectively evaluated TILs in pre-chemotherapy biopsies of 209 HR+, HER2- BC patients from the GeparQuinto Trial, finding that pCR rates were significantly (p = 0.002) higher in lymphocyte predominant BC (LPBC, 28.2%) than in non-LPBC patients (8.2%) [14].

There are no data on the prevalence and clinical relevance of TILs in Luminal BC metastatic setting. Our group recently reported toxicity and efficacy data of a phase II study of oral metronomic chemotherapy with vinorelbine, cyclophosphamide plus capecitabine (VEX) in HR positive, HER2 negative, metastatic BC patients [15]. In addition to its antiangiogenic effect, metronomic therapy could exert an immunological action through anti-tumor immunity modulation and tumor dormancy induction [16–20]. Taking advantage of the samples collected within the VEX trial, we firstly interrogated the clinical relevance of TILs in metastatic Luminal BC patients treated by metronomic chemotherapy.

#### 2. Materials and methods

#### 2.1. Study patients

The VEX study was a prospective phase II trial in which metastatic BC were assigned to metronomic chemotherapy with cyclophosphamide 50 mg daily, capecitabine 500 mg thrice daily and vinorelbine 40 mg orally three times a week. Pre- or postmenopausal women with histologically or cytological (cell block) proven, metastatic BC, ER >1% and/or progesterone receptor (PgR) > 1% and negative HER2 status [21] were eligible. Patients with HER-2 overexpressed tumors, were also eligible if they had received previous trastuzumab therapy for advanced disease, and/ or a treatment with any HER2-targeted therapy. Patients with a disease measurable by RECIST 1.1 criteria or bone lesions, lytic or mixed (lytic and sclerotic), in the absence of measurable disease as defined by RECIST 1.1 criteria were eligible. Patients were included regardless of any primary and/or adjuvant therapies, or previous lines of chemotherapy and endocrine therapy received for advanced disease. Patients were distributed into two groups: those who received the study treatment as a first-line therapy (naïve group) and those who had already received some treatment for advanced MBC (pre-treated group). Patients were required to attend monthly visits during the VEX treatment period and a radiological evaluation every 12 weeks. Treatment was continued in the absence of progression or relevant toxicities.

#### 2.2. Pathologic assessment

All the patients had pathological evaluation on primary tumors or metastatic sites. ER and PgR immunoreactivity was assessed by the FDA-approved ER/PR PharmDX kit (Dako). The prevalence of ER/PgR positive invasive cancer cells, independent of their staining intensity, was quantitatively annotated in the original reports [22]. HER2 immunoreactivity was assessed using the HercepTest (Dako): in the original report, the prevalence of positive cells and the type and intensity of immunostaining were detailed [23]. Ki-67 labeling index was assessed by the MIB-1 monoclonal antibody (Dako, 1:200), by counting at least 500 invasive cancer cells at the tumor periphery, irrespective of staining intensity and without focusing

on hot-spots, as recommended by the International Ki-67 in Breast Cancer Working Group [24].

TILs were evaluated in full-face hematoxilyn and eosin (H&E) sections from the most recent available surgical or bioptic sample, blinded of clinical information. In primary tumor samples, TILs were carefully evaluated following the criteria proposed by the International TILs Working Group [9]. Briefly, all mononuclear cells (including lymphocytes and plasma cells) in the stromal compartment within the borders of the invasive tumor were evaluated and reported as a percentage value. TILs outside of the tumor border, around DCIS and normal breast tissue, as well as in areas of necrosis, if any, were not included in the scoring. Given the lack of standardized criteria for TILs evaluation in metastatic samples, we adopted the main principles of TILs WG guidelines, taking care of some caveats potentially mining the consistence of our evaluation. As an example, we evaluated large nodal metastasis with a sufficient amount of desmoplastic fibrous tissue, excluding small lymph node metastatic deposits surrounded by autochthonous lymphocytes.

#### 2.3. Statistical analyses

We arbitrarily categorized patients in three groups according to TILs level using the typical cut-off values (less than 5; 5–9; 10 or more). Difference of the distribution of patients' characteristics according to TILs level was assessed with the Mantel-Haenszel test for trend. Clinical benefit was defined as stable disease, partial response or complete response for more than 6 months. TTP was calculated from the date of initiation of VEX to the date of progression, or the date of last VEX treatment, Overall survival (OS) was calculated from the date of initiation of VEX to the date of death. Progression free survival and OS plots were drawn using the Kaplan-Meier method. The log-rank test was used to assess the survival difference between patients groups. Univariable and multivariable Cox proportional regression analysis was used to assess the association between clinico-pathological characteristics and progression or death. Univariable and multivariable logistic regression analysis was used to assess the association between clinico-pathological characteristics and clinical benefit. The association between TILs levels and clinical outcome was evaluated considering TILs both as a categorical variable and as a continuous variable, providing the risk associated with a 10% TILs expression increase. All the analyses were performed with the SAS software (version 9.2, Cary NC). All p-values were two-sided.

#### 3. Results

## 3.1. TILs and tumor characteristics

TILs were evaluated in 92 of the 108 (85.1%) available tumor samples from the VEX trial population which had sufficient tissue for the analysis. In particular, TILs were registered in 38 primary BC samples and in 54 metastatic sites (lymph nodes, liver, lung, skin and bone marrow). The median value of TILs was 6% (IQR: 3–10%) in the overall population, 6% (IQR: 3–13%) in primary tumors and 5.5% (IQR: 3–8%) in metastatic deposits. Table 1 shows the clinicopathological characteristics of the population under study and their relationship with TILs levels. Among the variables analyzed, TILs values were significantly (p = 0.004) correlated only with tumor proliferation as assessed by Ki-67.

#### 3.2. TILs and prognosis

Efficacy data previously reported in our VEX trial [20] were updated for patients which were assessed for TILs status in the present study (Supplementary Table 1). Median TTP was 21.9

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