

Accepted Manuscript

Title: NERVOUS SYSTEM EXCITABILITY AND JOINT STIFFNESS FOLLOWING SHORT-TERM DYNAMIC ANKLE IMMOBILIZATION

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PII: S0966-6362(17)30933-5
DOI: <https://doi.org/10.1016/j.gaitpost.2017.09.028>
Reference: GAIPOS 5816

To appear in: *Gait & Posture*

Received date: 14-3-2017
Revised date: 18-9-2017
Accepted date: 22-9-2017

Please cite this article as: Stirling Alyssa M, McBride Jeffrey M, Merritt Edward K, Needle Alan R. NERVOUS SYSTEM EXCITABILITY AND JOINT STIFFNESS FOLLOWING SHORT-TERM DYNAMIC ANKLE IMMOBILIZATION. *Gait and Posture* <https://doi.org/10.1016/j.gaitpost.2017.09.028>

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**NERVOUS SYSTEM EXCITABILITY AND JOINT STIFFNESS FOLLOWING SHORT-TERM
DYNAMIC ANKLE IMMOBILIZATION**

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Acknowledgements: We would like to acknowledge the National Athletic Trainers' Association Research & Education Foundation and the Appalachian State University Office of Student Research for providing funding in support of this study.

HIGHLIGHTS

- Ambulation with ankle immobilization devices did not modify neural excitability.
- Dynamic immobilization leads to dissimilar neural adaptations as casting trials.
- Continued joint loading may negate sensory-induced neuroplasticity of M1.

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