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Title: Effects of interventions on normalizing step width during self-paced dual-belt treadmill walking with virtual reality, a randomised controlled trial

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Effects of interventions on normalizing step width during self-paced dual-belt treadmill walking with virtual reality, a randomised controlled trial.

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Research highlights

- Mean step width stabilizes after 2 minutes and its variability after 1 minute
- Interventions have no additional effect on step width reduction
- 2-minutes familiarization is sufficient to normalize step width in healthy adults

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