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Title:

Effects of flexible and rigid rocker profiles on in-shoe pressure

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highlights

- Plantar pressures for MTH2-5 were reduced in both rigid and flexible rockers.
- Plantar pressures for MTH1 showed hardly any change for rockers versus control.
- Plantar pressures for the first toe were increased in rigid and flexible rockers.
- For MTH2-5, pressures were more reduced in rigid rockers.
- Flexible rockers resulted in lower pressures than rigid for the first toe.

Abstract

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