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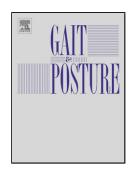
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Cognitive tasks promote automatization of postural control in young and older adults

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Highlights

- SampEn and traditional COP measures used together to evaluate postural strategy.
- Cognitive tasks promote an automatic postural control in young and older adults.
- Young adults further increased their stability for cognitive tasks.
- Older adults seemed to reach a plateau of stability for continuous cognitive tasks.

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