

Accepted Manuscript

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PII: S1529-9430(17)30189-4
DOI: <http://dx.doi.org/doi: 10.1016/j.spinee.2017.04.032>
Reference: SPINEE 57309

To appear in: *The Spine Journal*

Received date: 18-9-2016
Revised date: 3-2-2017
Accepted date: 24-4-2017

Please cite this article as: Ehsan Jazini, Tristan Weir, Emeka Nwodim, Oliver Tannous, Comron Saifi, Nicholas Caffes, Timothy Costales, Eugene Koh, Kelley Banagan, Daniel Gelb, Steven C. Ludwig, Outcomes of lumbopelvic fixation in the treatment of complex sacral fractures using minimally invasive surgical techniques, *The Spine Journal* (2017), <http://dx.doi.org/doi: 10.1016/j.spinee.2017.04.032>.

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Outcomes of lumbopelvic fixation in the treatment of complex sacral fractures using minimally invasive surgical techniques

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Acknowledgment

The authors thank Dori Kelly, MA, for professional manuscript editing.

ABSTRACT

BACKGROUND CONTEXT: Complex sacral fractures with vertical and anterior pelvic ring instability treated with traditional fixation methods are associated with high rates of failure and poor clinical outcomes. Supplemental lumbopelvic fixation (LPF) has been applied for additional stability to help with fracture union.

PURPOSE: To determine whether minimally invasive LPF provides reliable fracture stability and acceptable complication rates in cases of complex sacral fractures.

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