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1 **Effectiveness of telehealth-based interventions in the management of non-specific low back pain: a systematic**
2 **review with meta-analysis**

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20 Development (CNPq) program “Science without Borders” – Brazil.

21

22 **Abstract**

23 **Background:** Telehealth has emerged as a potential alternative to deliver interventions for low back pain (LBP),
24 however its effectiveness has not been investigated.

25 **Purpose:** The aim of this review was to evaluate whether interventions delivered by telehealth improve pain,
26 disability, function, and quality of life in non-specific LBP.

27 **Study Design:** Systematic review with meta-analysis

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