Accepted Manuscript

Human biomonitoring of polycyclic aromatic hydrocarbonsand metals in the general population residing near the municipal solid waste incinerator of Modena, Italy

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PII: S0045-6535(17)31173-6

DOI: 10.1016/j.chemosphere.2017.07.122

Reference: CHEM 19655

To appear in: ECSN

Received Date: 5 May 2017 Revised Date: 19 July 2017 Accepted Date: 24 July 2017

Please cite this article as: Gatti, M.G., Bechtold, P., Campo, L., Barbieri, G., Quattrrini, G., Ranzi, A., Sucato, S., Olgiati, L., Polledri, E., Romolo, M., Iacuzio, L., Carrozzi, G., Lauriola, P., Goldoni, C.A., Fustinoni, S., Human biomonitoring of polycyclic aromatic hydrocarbonsand metals in the general population residing near the municipal solid waste incinerator of Modena, Italy, *Chemosphere* (2017), doi: 10.1016/j.chemosphere.2017.07.122.

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HUMAN BIOMONITORING OF POLYCYCLIC AROMATIC HYDROCARBONSAND METALS IN THE GENERAL

POPULATION RESIDING NEAR THE MUNICIPAL SOLID WASTE INCINERATOR OF MODENA, ITALY

Abstract

Background and objectives: A cross-sectional biomonitoring study was carried out to investigate

exposure to incinerator emission in relation to the body burden of selected biomarkers in the

population living around the plant.

Methods: Approximately 500 people, aged 18-69 yrs., living within 4 km from the incinerator were

randomly selected form the population register. Exposure was measured through fall-out maps of

particulate matter (PM), used as tracer for incinerator emissions. Ten metabolized polycyclic

aromatic hydrocarbons (PAHs), from naphthalene to chrysene, 1-hydroxypyrene and twelve metals

(Cd, Cr, Cu, Hg, Ni, Pb, Ni, Zn, V, Tl, As, Sn) were measured in spot urine samples. Confounders,

such as diet, smoking, traffic, occupation and personal characteristics were assessed by

questionnaires and objective measurements, and included into multivariate linear regression

models.

Results: Metal concentrations in urine where in line with or higher than Italian reference limits,

besides Cr and V with more than twofold concentrations. Metal levels did not show clear association

to exposure categories. Most abundant PAHs were naphthalene (median 26.2 ng/L) and

phenanthrene (7.4 ng/L). All PAHs, but benz[a]anthracene and 1-hydroxypyrene, were found in

more than 52% of samples, and included in regression models. Significant associations between

urinary PAHs and exposure were found, strong for fluorene, and weaker for naphthalene,

fluoranthene and pyrene. Results were confirmed by sensitivity analyses. Correlation with variables

reported in literature were observed.

Conclusions: The study indicates that the emissions were very low and highlights that specific

urinary PAHs provided useful information about the internal dose arising from incinerator emission.

Keywords: municipal solid waste incinerator; general population; human biomonitoring; exposure

assessment; polycyclic aromatic hydrocarbons; metals

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