



Estimation of disease burdens on preterm births and low birth weights attributable to maternal fine particulate matter exposure in Shanghai, China

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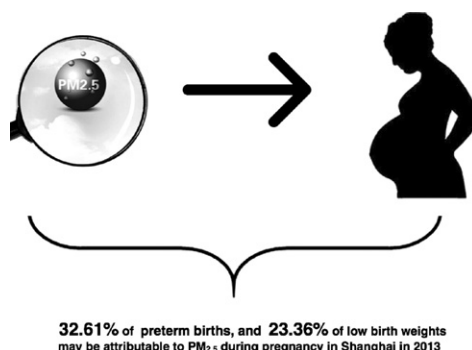
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HIGHLIGHTS

- This is one of few studies evaluating the burdens of PM_{2.5} on PTB and LBW in China.
- 32.61% of PTB and 23.36% of LBW may be attributable to PM_{2.5} in Shanghai, China.
- Considerable benefits could be achieved by reducing PM_{2.5} exposure in pregnancy.

GRAPHICAL ABSTRACT



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ABSTRACT

Background: Studies have shown that maternal exposure to particulate matter ≤ 2.5 μm in aerodynamic diameter (PM_{2.5}) was associated with adverse birth outcomes such as preterm birth (PTB) and low birth weight (LBW). However, the burdens of PTB and LBW attributable to PM_{2.5} were rarely evaluated, especially in developing countries.

Objectives: To estimate the burdens of PTBs and LBWs attributable to outdoor PM_{2.5} in Shanghai, China.

Methods: We collected annual-average PM_{2.5} concentrations, concentration-response relationships between PM_{2.5} exposure during pregnancy and PTBs and LBWs, rates of PTB and LBW, number of live births, and population sizes in grids of 10 km $\times$ 10 km in Shanghai in 2013. Then, they were combined to estimate the odds ratios (ORs), relative risks (RRs), attributable fractions (AFs), and numbers of PTBs and LBWs associated with PM_{2.5} exposure.

Results: The population-weighted annual-average concentration of PM_{2.5} in Shanghai was 56.19 $\mu\text{g}/\text{m}^3$ in 2013. According to the first-class limit of PM_{2.5} (15 $\mu\text{g}/\text{m}^3$) in the Ambient Air Quality Standards of China, the weighted RRs of PTBs or LBWs associated with PM_{2.5} in Shanghai were 1.49 [95% confidence interval (CI): 1.16–1.80] and 1.31 (95% CI: 1.04–1.67), respectively. There might be 32.61% (95% CI: 13.93%–44.42%) or 4160 (95% CI: 1778–5667) PTBs and 23.36% (95% CI: 3.86%–40.02%) or 1882 (95% CI: 311–3224) LBWs attributable to PM_{2.5} exposure. The estimates varied appreciably among different districts of Shanghai.

Abbreviations: PTB, preterm birth; LBW, low birth weight; PM_{2.5}, particulate matter less than or equal to 2.5 μm in aerodynamic diameter; OR, odds ratio; CI, confidence interval; RR, relative risk; AF, attributable fraction; GBD, Global Burden of Disease; Class I standard, the first-class limit of PM_{2.5} in the Ambient Air Quality Standards of China; Class II standard, the second-class limit of PM_{2.5} in the Ambient Air Quality Standards of China.

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Conclusions: Our analysis suggested that outdoor PM_{2.5} air pollution might have led to considerable burdens of PTBs and LBWs in Shanghai, China.

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1. Introduction

Outdoor fine particulate matter (particulate matter less than or equal to 2.5 µm in aerodynamic diameter, PM_{2.5}) air pollution is widely regarded as a major public health problem worldwide. In particular, several systematic literature reviews and meta analyses have shown that maternal exposure to PM_{2.5} during pregnancy could increase the risk of preterm birth (PTB, <37 weeks of gestation) and low birth weight (LBW, <2500 g at birth) (Li et al., 2017; Zhu et al., 2015), although some individual studies found null or insignificant effects of PM_{2.5} (Gehring et al., 2011; Pereira et al., 2014). Globally, it was estimated that 2.7 million (1.8–3.5 million) PTBs, corresponding to 18% (12%–24%) of PTBs worldwide were attributable to maternal exposure to PM_{2.5} during pregnancy in the low cut-off of PM_{2.5} concentration of 10 µg/m³ (Malley et al., 2017). PTBs and LBWs can bring huge health care costs and economic productivity losses because of a number of postnatal complications (Institute of Medicine, 2007; Trasande et al., 2016). These complications include respiratory distress syndrome, sepsis, intraventricular hemorrhage, serious bacterial infection, and other diseases later in life such as asthma, cerebral palsy, neurodevelopmental delay, hypertension, diabetes, and stroke (Caudri et al., 2007; Norman, 2013; Saigal and Doyle, 2008).

As the largest developing country in the world, China is facing severe air pollution problems. In China, significant associations between PM_{2.5} exposure and PTBs or LBWs have been detected in a retrospective analysis based on the World Health Organization Global Survey on Maternal and Perinatal Health (Fleischer et al., 2014) and in a prospective cohort including 95,911 live births conducted in Wuhan, China (Qian et al., 2016). Understanding of the fractions and numbers of PTBs and LBWs attributable to ambient PM_{2.5} can be very helpful to design the regulatory strategies aiming to mitigate the disease burdens due to maternal PM_{2.5} exposure. However, few estimates in this regard were currently available in this country.

Therefore, we evaluated the disease burdens on PTBs and LBWs attributable to maternal PM_{2.5} exposure in Shanghai, one of the most developed and populous cities in China.

2. Materials and methods

2.1. Data collection

We collected population-weighted annual-average concentrations of PM_{2.5} in grids of 10 km × 10 km within Shanghai in 2013, respectively, from the Global Burden of Disease 2013 (GBD 2013) database (Brauer et al., 2016; Institute for Health Metrics and Evaluation, 2013). These data were estimated by combining population sizes with PM_{2.5} concentrations estimated from a global calibration model based on satellite data, results of GEOS-Chem chemical transport model and ground measurements (Brauer et al., 2016). We collected population sizes in the central urban area and 9 suburban districts (Fig. 1) of Shanghai in 2011, 2012, 2013 from the Shanghai Statistical Yearbooks. We obtained the number of live births and corresponding PTB rates in the permanent resident populations of Shanghai in 2013 from the Shanghai Major Statistical Data of Health and Family Planning (Shanghai Municipal Health and Family Planning Commission, 2015). We also collected the number and rate of LBWs classified by term LBW and preterm LBW among live births in 2013 from the same source.

The concentration-response relationships linking PM_{2.5} exposure during pregnancy to the occurrences of PTBs and LBWs are crucial to

calculate the fraction and number of PTBs or LBWs attributable to maternal PM_{2.5} exposure. According to our brief literature review, no studies have explored the concentration-response functions in Shanghai. We thus relied on a pooled analysis on PTB and LBW using data across 21 clinics in China (Fleischer et al., 2014), which derived an OR of 1.11 [95% confidence interval (CI): 1.04–1.17] for PTBs and an OR of 1.07 (95% CI: 1.01–1.14) for LBWs associated with a 10 µg/m³ increase of maternal PM_{2.5} exposure. These estimates were generally consistent with other meta-analyses (Sapkota et al., 2012; Sun et al., 2016; Zhu et al., 2015; Lamichhane et al., 2015), but we did not use the results of these meta analyses because they had incorporated none or only one Chinese study. Besides, considering that no epidemiological studies reported the associations between PM_{2.5} exposure and term-LBW in China, and huge disparities existing (for example, PM_{2.5} levels and compositions) between China and developed countries, we still used the China-specific ORs of total LBW derived in Fleischer's study (Fleischer et al., 2014).

2.2. Estimation of ORs of PTBs or LBWs associated with PM_{2.5}

For each 10 km × 10 km grid in Shanghai, ORs (and 95% CIs) of PTBs or LBWs associated with a 10 µg/m³ increase of PM_{2.5} exposure during pregnancy in 2013 were calculated by the formula shown in Eq. (1) (Trasande et al., 2016).

$$OR_{10\text{ km} \times 10\text{ km}} = OR_{\text{ref}}^{\frac{C_{10\text{ km} \times 10\text{ km}} - C_s}{10\text{ µg/m}^3}} \quad (1)$$

In Eq. (1), $OR_{10\text{ km} \times 10\text{ km}}$ is the OR (and 95% CI) of PTBs or LBWs associated with PM_{2.5} in each 10 km × 10 km grid; OR_{ref} is the OR (and 95% CI) of PTBs or LBWs associated with a 10 µg/m³ increase of PM_{2.5} exposure obtained from Fleischer's study (Fleischer et al., 2014); $C_{10\text{ km} \times 10\text{ km}}$ is the population-weighted annual-average concentration of PM_{2.5} in each 10 km × 10 km grid; C_{s1} is the first-class limit of PM_{2.5} in the Ambient Air Quality Standards of China (Class I standard, 15 µg/m³); C_{s2} is the second-class limit of PM_{2.5} in the Ambient Air Quality Standards of China (Class II standard, 35 µg/m³). The estimations were conducted at grid level and were further aggregated at district and city levels.

2.3. Estimation of RRs of PTBs or LBWs associated with PM_{2.5}

Because ORs might overestimate the true relative risks (RRs) and attributable fractions (AFs) due to potential misclassification, we applied the formula shown in Eq. (2) to estimate the RR (and 95% CI) in each 10 km × 10 km grid (Zhang and Yu, 1998).

$$RR_{10\text{ km} \times 10\text{ km}} = \frac{OR_{10\text{ km} \times 10\text{ km}}}{1 - \text{Rate}_{\text{PTB/LBW}} + \text{Rate}_{\text{PTB/LBW}} \times OR_{10\text{ km} \times 10\text{ km}}} \quad (2)$$

In Eq. (2), $RR_{10\text{ km} \times 10\text{ km}}$ is the RR (and 95% CI) of PTBs or LBWs associated with PM_{2.5} in each 10 km × 10 km grid; $\text{Rate}_{\text{PTB/LBW}}$ is the rate of PTB (6.53%) or LBW (3.87%) in Shanghai in 2013. The estimations were conducted at grid level and were further aggregated at district and city levels.

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