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## Review

# Constructed wetlands for wastewater treatment in cold climate — A review

Mo Wang<sup>1</sup>, Dong Qing Zhang<sup>2,\*</sup>, Jian Wen Dong<sup>1,\*</sup>, Soon Keat Tan<sup>2,3</sup>

1. College of Landscape Architecture, Fujian Agriculture and Forestry University, Fuzhou 350002, China

2. Nanyang Environment & Water Research Institute, 1 CleanTech Loop, #06-10, Singapore 637141, Singapore

3. School of Civil and Environmental Engineering, Nanyang Technological University, Singapore 639798, Singapore

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## ABSTRACT

Constructed wetlands (CWs) have been successfully used for treating various wastewaters for decades and have been identified as a sustainable wastewater management option worldwide. However, the application of CW for wastewater treatment in frigid climate presents special challenges. Wetland treatment of wastewater relies largely on biological processes, and reliable treatment is often a function of climate conditions. To date, the rate of adoption of wetland technology for wastewater treatment in cold regions has been slow and there are relatively few published reports on CW applications in cold climate. This paper therefore highlights the practice and applications of treatment wetlands in cold climate. A comprehensive review of the effectiveness of contaminant removal in different wetland systems including: (1) free water surface (FWS) CWs; (2) subsurface flow (SSF) CWs; and (3) hybrid wetland systems, is presented. The emphasis of this review is also placed on the influence of cold weather conditions on the removal efficacies of different contaminants. The strategies of wetland design and operation for performance intensification, such as the presence of plant, operational mode, effluent recirculation, artificial aeration and in-series design, which are crucial to achieve the sustainable treatment performance in cold climate, are also discussed. This study is conducive to further research for the understanding of CW design and treatment performance in cold climate.

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## Contents

Introduction	0
1. CW performance in cold climate	0
1.1. Free water surface (FWS) CWs	0
1.2. Subsurface flow (SSF) CWs	0
1.3. Hybrid CWs	0

\* Corresponding authors. E-mail: [dqzhang@ntu.edu.sg](mailto:dqzhang@ntu.edu.sg) (Dong Qing Zhang).

53	2.	The effect of cold climate on various contaminant removal . . . . .	0
54	2.1.	TSS removal . . . . .	0
55	2.2.	BOD <sub>5</sub> /COD removal . . . . .	0
56	2.3.	Nitrogen removal . . . . .	0
57	2.4.	Phosphorous removal . . . . .	0
58	2.5.	Trace element removal in cold climate . . . . .	0
59	2.6.	Overall removal efficiencies of various contaminants in cold climate . . . . .	0
60	3.	CW design and operation for performance intensification . . . . .	0
61	3.1.	Influent quality . . . . .	0
62	3.2.	Operational mode . . . . .	0
63	3.3.	Hydraulic loading rate . . . . .	0
64	3.4.	The presence of macrophytes . . . . .	0
65	3.5.	Artificial aeration . . . . .	0
66	3.6.	Effluent recirculation . . . . .	0
67	3.7.	In-series design . . . . .	0
68	4.	Future consideration on the application of CWs in cold climate . . . . .	0
69	5.	Conclusions . . . . .	0
70		Uncited references . . . . .	0
71		References . . . . .	0

72

## Q12 Introduction

75 Given the more restrictive economic resources to implement  
 76 and operate conventional wastewater treatment infrastruc-  
 77 tures and facilities, the development of alternative, small-  
 78 scale and innovative wastewater treatment technology has  
 79 gain increasing attention. Constructed wetlands (CWs) are  
 80 engineered systems designed and constructed to utilize the  
 81 natural functions of wetland vegetation, soil media, and  
 82 their associated microbial associated assemblages for waste-  
 83 water treatment within a more controlled environment  
 84 (Kadlec and Knight, 1996). Because of their high pollutant  
 85 removal efficiency, easy operation and maintenance, low  
 86 cost, good potential of water and nutrient reuse, tolerance to  
 87 high variability, and function as significant wildlife habitat,  
 88 CWs have been recognized as a sustainable wastewater  
 89 management option (Mitsch and Gosselink, 2000; Kadlec and  
 90 Wallace, 2008).

91 The best prospects for successful wetland treatment  
 92 should be in the tropical or subtropical regions of the world,  
 93 and application of CW for wastewater treatment in frigid  
 Q13 climate presents special challenges (Møhlum and Jessen, 2003;  
 Q14 Zhang et al., 2014a, 2014b). Nevertheless, over the past  
 96 decades, studies in North America and Europe showed that  
 97 wetland treatment may be feasible also in cold climate  
 98 (Møhlum and Stålnacke, 1999; Tunçsiper et al., 2015). Accord-  
 Q15 ing to Wittgren and Møhlum (1997), cold climate is taken as  
 100 equivalent to “cold temperate” climate, where the coldest  
 101 month has a mean temperature below −3°C and the warmest a  
 102 mean above 10°C. In cold climate, CWs have been practised  
 103 mainly for the treatment of municipal sewage (Møhlum and  
 Q16 Stålnacke, 1999; Jenssen et al., 2005). Recently, the application  
 105 of CWs has been increasingly extended to address other types  
 106 of wastewaters including industrial wastewaters (Comino  
 Q17 et al., 2011), agricultural runoff (Thoren et al., 2004; Feng  
 108 et al., 2012; Tunçsiper et al., 2015; Zhang et al., 2016), lake  
 Q19 Q18 waters (Martín et al., 2013), landfill leachate (Nivala et al.,

2006; Speer et al., 2012), stormwater runoff (Heyvaert et al., 110  
 2006), and peat extraction effluent (Postila et al., 2015). 111

In treatment wetlands, the pollutant removal efficiency 112  
 varies considerably (Vymazal, 2007; Zhang et al., 2014a). 113  
 Such variability can be traced back to the complex combina- 114  
 tion of physical, chemical and biological processes for con- 115  
 taminant removal, which depends on a number of variables 116  
 including wastewater application rate, organic loading rate, 117  
 hydrologic regime, hydraulic detention time (HRT), opera- 118  
 tional mode (batch or continuous mode), the presence of 119  
 vegetation, and plant species (Kadlec and Wallace, 2008; 120  
 Gersberg et al., 1986; Brix, 1997). Additionally, a variety 121  
 of pollutant removal processes, such as sedimentation, 122  
 filtration, precipitation, volatilization, adsorption, plant uptake, 123  
 and various microbial processes, is generally directly and/or 124  
 indirectly influenced by the different internal and external 125  
 environment conditions such as temperatures (Stottmeister 126  
 et al., 2003). 127

However, there still exists uncertainty about how temper- 128  
 ature can affect contaminant removal efficiencies and treat- 129  
 ment processes. In general, wetland treatment of wastewater 130  
 relies largely on biological and biochemical processes, and 131  
 reliable treatment is often a function of climate conditions 132  
 (Møhlum and Jessen, 2003). Nutrient uptake by plants and 133  
 microbial transformation of wastewater components and 134  
 plant litter in wetlands are both directly and indirectly 135  
 affected by climatic conditions (Wittgren and Møhlum, 1997). Q20  
 Direct influence means that the temporal variations in wet- 137  
 land performance depend often on the plant physiology, 138  
 which is governed by solar radiation and temperature 139  
 (Akratos and Tsihrintzis, 2007). Indirect influence refers to 140  
 the dependence of biological and biochemical processes on 141  
 physical conditions; for instance, the low temperature re- 142  
 strains microbial activities and reduces bacterial growth, 143  
 resulting in low purification efficiency (Werker et al., 2002). Q21  
 These factors make wetland application more dependent on 145  
 climatic conditions than conventional wastewater treatment 146

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