

Accepted Manuscript

Title: Curcumin Downregulates Human Tumor Necrosis Factor- α Levels: A systematic review and meta-analysis of randomized controlled trials

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PII: S1043-6618(16)30048-2
DOI: <http://dx.doi.org/doi:10.1016/j.phrs.2016.03.026>
Reference: YPHRS 3113

To appear in: *Pharmacological Research*

Received date: 17-1-2016
Revised date: 23-3-2016
Accepted date: 24-3-2016

Please cite this article as: Sahebkar Amirhossein, Cicero Arrigo FG, Simental-Mendía Luis E, Aggarwal Bharat B, Gupta Subash C. Curcumin Downregulates Human Tumor Necrosis Factor- α Levels: A systematic review and meta-analysis of randomized controlled trials. *Pharmacological Research* <http://dx.doi.org/10.1016/j.phrs.2016.03.026>

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Curcumin Downregulates Human Tumor Necrosis Factor- α Levels: A systematic review and meta-analysis of randomized controlled trials

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