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The Effectiveness of Manual versus Algometer Pressure Release Techniques for Treating Active Myofascial Trigger Points of the Upper Trapezius

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## ACCEPTED MANUSCRIPT

The Effectiveness of Manual versus Algometer Pressure Release Techniques 1 2 for Treating Active Myofascial Trigger Points of the Upper Trapezius 3 4 **Authors:** Walaa Abu-Taleb<sup>1, 2</sup>, PT, MSc 5 Aliaa Rehan Youssef 1, PT, MSc, PhD 6 Amir Saleh<sup>1</sup>, PT, MSc, PhD 7 **Authors' Affiliations:** 8 9 1. Faculty of Physical Therapy, Cairo University,, Giza, Egypt 10 2. Port Said General Hospital, Port Said, Egypt Correspondence: Aliaa Rehan Youssef, 24 Mohammed Korium St. 6<sup>th</sup> district, Nasr City, 11 Cairo, Egypt, 11391, Email: aliaa.rehan@gmail.com, Telephone: (+2) 0120-337-4379. 12 13 **Acknowledgements:** Prof. Dr. Marzouk ElLaithy for serving on the supervisory committee of the first author 14 Dr. Mohammed Gumaa Bakry for helping with statistical analysis and the manuscript 15 16 editing 17 18

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