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Effects of the Pilates method on variables related to functionality of a patient with traumatic spondylolisthesis at L4-L5: A case study

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EFFECTS OF THE PILATES METHOD ON VARIABLES RELATED TO FUNCTIONALITY OF A PATIENT
WITH TRAUMATIC SPONDYLOLISTHESIS AT L4-L5: A CASE STUDY

Pilates in the treatment of spondylolisthesis

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