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# **Adverse effects of homeopathy, what do we know? A systematic review and meta-analysis of randomized controlled trials**

Short Title: Systematic review of adverse effects in homeopathy

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**Keywords:** Adverse effects; adverse events; homeopathic aggravations; patient safety; systematic review; meta-analysis; risk assessment

## **Highlights:**

- This review address the naive assumption that because of the generally diluted doses used homeopathy must be safe
- This review touches the neglected issue of the distinction between homeopathic aggravation, adverse reactions and adverse effects
- We found a similar risk for homeopathic treatment compared to controls such as placebo and conventional medicine.

**Words:** 5,187

## **Abstract**

### **Objectives**

Homeopathy is a popular treatment modality among patient, however there is sparse research about adverse effects of homeopathy. A concept unique for homeopathy, is homeopathic aggravation that is understood as a transient worsening of the patients' symptoms before an

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