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Efficacy of acupuncture treatment for functional dyspepsia: A systematic review and

meta-analysis

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< Highlights >

- Twenty studies, including 1,423 individual cases, were systematically reviewed.

- Compared to sham AT, AT was associated with a significant positive effect in functional

dyspepsia.

- Only two studies reported minimal AT-related adverse events

Abstract

Objectives

The use of acupuncture treatment (AT) for functional dyspepsia is increasing, particularly in

Asia. However, the efficacy of AT and its side effects have not been assessed. We performed

a systematic review and meta-analysis of studies related to the effectiveness of AT for

functional dyspepsia.

Design

This study is a systemic review and meta-analysis. Seven electronic databases, including

those in the English and Chinese languages, were systematically searched for randomized

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