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Title: Metabolic syndrome, glucose tolerance categories and the cardiovascular risk in spanish population

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HIGHLIGHTS (FOR REVIEW)

1.- The prevalences of prediabetes and MetS in Spain were 25% and 31.2 %, respectively.

- 2.- The prevalence of MetS in Spanish females (28.5%) and in males (34.2%).
- 3.- Subjects with IGT showed a higher estimated CVD risk than IFG and IFG/IGT
- 4.- MetS also increased the CVD-risk estimated by Framingham and SCORE.

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