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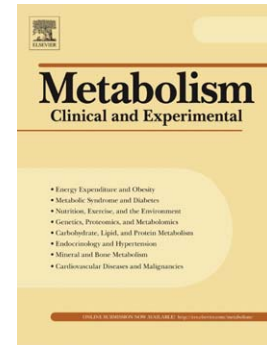
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Resistance exercise induces a greater irisin response than endurance exercise

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