



## Raising HDL with CETP inhibitor torcetrapib improves glucose homeostasis in dyslipidemic and insulin resistant hamsters<sup>☆</sup>



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### ABSTRACT

We investigated whether raising HDL-cholesterol levels with cholesteryl ester transfer protein (CETP) inhibition improves glucose homeostasis in dyslipidemic and insulin resistant hamsters. Compared with vehicle, torcetrapib 30 mg/kg/day (TOR) administered for 10 days significantly increased by ~40% both HDL-cholesterol levels and <sup>3</sup>H-tracer appearance in HDL after <sup>3</sup>H-cholesterol labeled macrophages i.p. injection.

TOR significantly reduced fasting plasma triglycerides, glycerol and free fatty acids levels by 65%, 31% and 23%, respectively. TOR also reduced blood glucose levels and plasma insulin by 20% and 49% respectively, which led to a 60% reduction in HOMA-IR index (all  $p < 0.01$ ). After <sup>3</sup>H-2-deoxyglucose and insulin injection, TOR significantly increased glucose uptake in oxidative soleus muscle, liver and heart by 26, 33 and 70%, respectively.

Raising HDL levels with the CETP inhibitor torcetrapib improves glucose homeostasis in dyslipidemic and insulin resistant hamsters. Whether similar effect would be observed with other CETP inhibitors should be investigated.

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## 1. Introduction

Diabetic dyslipidemia is characterized by hypertriglyceridemia and low high density lipoprotein (HDL) cholesterol levels, which are known to be inversely correlated with cardiovascular risk [1]. Cholesteryl ester transfer protein (CETP) inhibition represents a novel therapeutic strategy to raise HDL-cholesterol levels and further reduces the risk of cardiovascular disease [2]. The benefit of HDL is thought to be related to its key role in reverse cholesterol transport (RCT), a process promoting the return of cholesterol from macrophage in the arterial wall to the liver for further biliary and fecal excretion [3]. Recent preclinical and clinical studies indicate that HDL may also affect glucose homeostasis through insulin secretion, AMP-activated protein kinase (AMPK) dependent glucose uptake in muscle and improvement of whole body insulin sensitivity [4,5]. Importantly, a post-hoc analysis of the ILLUMINATE trial, suggested that raising HDL-cholesterol levels with the CETP inhibitor torcetrapib improves glycemic control in type 2 diabetic patients [6]. We therefore tested the hypothesis that

raising HDL with the CETP inhibitor torcetrapib would alter both RCT and glucose homeostasis in dyslipidemic insulin resistant hamsters [7]. This rodent model was selected as it does express CETP (unlike mouse or rat) and more closely reflects human lipoprotein metabolism [3].

## 2. Methods

Male Golden Syrian hamsters (91–100 g, 6 week-old, Elevage Janvier, Le Genest Saint Isle, France) were fed *ad libitum* over 4 weeks with a high fat/high cholesterol diet (HFHC, 0.5% cholesterol, 0.25% deoxycholate, 11.5% coconut oil, 11.5% corn oil) with 10% fructose in the drinking water, as described [7]. A total of 42 hamsters were used to perform the 3 *in vivo* experiments described below (macrophage-to-feces RCT, HDL-cholesteryl esters kinetics and insulin-stimulated glucose uptake). After 2 weeks of diet, the 42 hamsters were randomized according to their HDL-cholesterol and total cholesterol levels and were then treated orally over 10 days with vehicle ( $n = 21$ ) or torcetrapib 30 mg/kg ( $n = 21$ ) once daily.

After 10 days of treatment, hamsters were fasted overnight and blood was collected by retro-orbital bleeding to perform Fast Protein Liquid Chromatography (FPLC) and biochemical analysis, as described [7]. Plasma HDL particles were separated by precipitation

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of apolipoprotein B containing lipoprotein with phosphotungstate/ $MgCl_2$ . For each treatment group, a pool of plasma HDL (1 pool per group) was extensively dialyzed in saline. Protein concentration was then assayed with a commercial kit prior incubation with soleus muscle *ex vivo*, as described below.

After a 1-day recovery period, a first set of 14 hamsters was injected with  $^3H$ -cholesterol labeled/oxidized LDL loaded macrophages ( $n = 7$  per group) to measure macrophage-to-feces RCT, and a second set of 14 hamsters was injected with  $^3H$ -cholesteryl oleate labeled HDL ( $n = 7$  per group) to measure HDL-cholesteryl esters kinetics, as described [7,8].

To evaluate insulin-stimulated glucose uptake *in vivo*, a third set of 14 overnight fasted hamsters ( $n = 7$  per group) was injected intravenously (jugular vein) under isoflurane anesthesia with  $10 \mu Ci$  of  $^3H$ -2-deoxyglucose ( $^3H$ -2-DOG) and insulin ( $0.4U/kg$ ) in fatty acids free-bovine serum albumin 0.1%. At time 30 min after  $^3H$ -tracer injection, subcutaneous (inguinal) and visceral (epididymal) white adipose tissues, vastus lateralis (oxidative/glycolytic), extensor digitorum longus (glycolytic) and soleus (oxidative) muscles, liver and heart were collected and weighed prior to tissue homogenization to measure  $^3H$ -radioactivity.

To test whether HDL particles stimulate AMPK activation in skeletal muscle, soleus muscles were dissected from 12 hamsters made dyslipidemic insulin resistant after 2 weeks of HFHC diet. After dissection, soleus muscles were incubated at  $37^\circ C$ , 95%  $O_2$ :5%  $CO_2$ , in 1 mL Krebs–Ringer bicarbonate buffer (pH 7.3, 1% bovine serum albumin, 2 mM sodium pyruvate) for 30 min then kept in the same buffer, without (basal) or with HDL from hamsters treated for 10 days with vehicle or torcetrapib (800  $\mu g$  protein/mL buffer), or the AMPK activator 5-aminoimidazole-4-carboxamide riboside (AICAR; positive control) at 2 mM, for an additional 60 min ( $n = 6$  per condition). Muscles were then washed in PBS  $1\times$  and flash frozen prior to western blotting to evaluate phosphorylated-AMPK (antibody from Cell Signaling, ref#2535S) and AMPK (Cell Signaling, ref#2532S) expression by densitometry analysis (Image J software).

Data are expressed as mean  $\pm$  SEM. Unpaired Student *t*-test or 1-way ANOVA + Dunnett post-test was used for statistical analysis. A  $p < 0.05$  was considered significant.

### 3. Results

Compared with vehicle, torcetrapib treatment significantly reduced plasma CETP activity by 31% and increased both total cholesterol and HDL-cholesterol levels by 33 and 38% respectively (Table 1). No effect was observed regarding fecal cholesterol and

**Table 1**  
Biochemical parameters in insulin resistant and dyslipidemic hamsters treated with vehicle or torcetrapib 30 mg/kg QD for 10 days.

	Vehicle	Torcetrapib 30 mg/kg QD
CETP activity (pmol/ $\mu L/h$ )	56.4 $\pm$ 2.8	38.8 $\pm$ 1.6***
Total cholesterol (g/L)	3.89 $\pm$ 0.13	5.19 $\pm$ 0.26***
HDL-cholesterol (g/L)	1.95 $\pm$ 0.12	2.70 $\pm$ 0.15***
Fecal cholesterol ( $\mu g/day$ )	380 $\pm$ 34	399 $\pm$ 51
Fecal total bile acids ( $\mu mol/day$ )	24 $\pm$ 3	23 $\pm$ 6
Triglycerides (g/L)	3.19 $\pm$ 0.21	1.11 $\pm$ 0.09***
Glycerol (mg/dL)	4.97 $\pm$ 0.48	3.44 $\pm$ 0.30**
Free fatty acids (mM)	0.634 $\pm$ 0.015	0.490 $\pm$ 0.017***
Blood glucose (mM)	6.1 $\pm$ 0.4	4.9 $\pm$ 0.1**
Insulin ( $\mu U/mL$ )	14.4 $\pm$ 2.5	7.3 $\pm$ 1.1**
HOMA-IR ( $[mM \times \mu U/mL]/22.5$ )	4.0 $\pm$ 0.8	1.6 $\pm$ 0.3**

Plasma samples were collected from overnight fasted, insulin resistant and dyslipidemic hamsters, after 10 days of treatment with vehicle or torcetrapib 30 mg/kg QD ( $n = 7$  per group, \*\* $p < 0.01$ , \*\*\* $p < 0.001$  vs. vehicle).

bile acids mass excretion. Fasting plasma triglycerides, glycerol and free fatty acids levels were respectively reduced by 65, 31 and 23% in torcetrapib treated hamsters (all  $p < 0.01$  vs. vehicle). As compared with vehicle, torcetrapib treatment significantly reduced blood glucose and plasma insulin levels by 20 and 49% respectively (both  $p < 0.01$ ). Accordingly, HOMA-IR index was reduced by 60% with torcetrapib treatment ( $p < 0.01$  vs. vehicle).

As shown by FPLC analysis (Fig. 1A), torcetrapib induced the appearance of apolipoprotein E-rich HDL particles, which also contained higher levels of apolipoprotein A-I (fractions #24–31), as compared with vehicle. The increase in HDL-cholesterol levels with torcetrapib was related to a significant 29% reduction in HDL-cholesteryl ester fractional catabolic rate (Fig. 1B) after  $^3H$ -cholesteryl oleate labeled HDL *i.v.* injection. HDL-derived  $^3H$ -tracer fecal excretion was not changed with torcetrapib treatment (data not shown). Hamsters treated with torcetrapib showed significantly higher  $^3H$ -tracer appearance in both plasma and HDL (Fig. 1C), but not in feces (Fig. 1D), after  $^3H$ -cholesterol labeled macrophage *i.p.* injection. After  $^3H$ -2-DOG and insulin *i.v.* injection (Fig. 1E), torcetrapib treatment resulted in a 24 and 27% reduction in  $^3H$ -2-DOG uptake by inguinal (IWAT) and epididymal (EWAT) adipose tissues, respectively (both  $p < 0.05$  vs. vehicle). While torcetrapib did not change  $^3H$ -2-DOG uptake in vastus lateralis (VL; oxidative and glycolytic fibers) and extensor digitorum longus (EDL; glycolytic) muscles, a 26% increase was observed in the oxidative soleus muscle ( $p < 0.01$  vs. vehicle). As well,  $^3H$ -2-DOG uptake was significantly increased by 33 and 70% in liver and heart, respectively.

To test whether the increase in HDL levels with torcetrapib treatment stimulates AMPK activation, HDL particles from vehicle-treated or torcetrapib-treated hamsters were incubated *ex vivo* with soleus muscles isolated from hamsters fed the HFHC diet for 2 weeks. As observed after FPLC analysis (Fig. 1A), HDL from torcetrapib-treated hamsters showed higher levels of apolipoprotein E and A-I (Fig. 1F). While HDL from vehicle-treated hamsters showed no effect, HDL from torcetrapib-treated hamsters significantly increased AMPK-phosphorylation by 1.5-fold, as compared with basal conditions.

### 4. Discussion

The present study demonstrates that raising HDL-cholesterol levels with the CETP inhibitor torcetrapib concomitantly alters both macrophage-to-feces RCT and insulin resistance in a hamster model.

In insulin-stimulated state, hamsters treated with torcetrapib showed higher glucose uptake in the oxidative soleus muscle, but not in vastus lateralis (oxidative/glycolytic) and extensor digitorum longus (glycolytic) muscles. This finding is consistent with the fact that, in rodents, oxidative muscles have higher amount of glucose transporters GLUT4 than glycolytic muscles [9]. However, we observed a trend towards lower glucose uptake in both visceral and subcutaneous adipose tissue *in vivo*, which contrasts with another *in vitro* study suggesting that HDL and apolipoprotein A-I increase glucose uptake in 3T3-L1 adipocytes culture [10]. While this discrepancy may come from experimental conditions and species differences, the significant reduction in fasting plasma free fatty acids and glycerol suggests that raising HDL-cholesterol and apolipoprotein A-I levels may be beneficial in preventing adipose tissue lipolysis, an effect already described in humans [11]. Our data also indicate that raising HDL levels show benefits at both the hepatic and cardiac levels. This observation is in line with other studies suggesting a protective effect of apolipoprotein A-I against non alcoholic steato-hepatitis [12] and heart failure [13].

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