



# Transient carotid ischemia as a remote conditioning stimulus for myocardial protection in anesthetized rabbits: Insights into intracellular signaling



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## ABSTRACT

**Background:** We investigated the effectiveness of perconditioning (Perc) applied at different time points along with the role of RISK, SAFE, STAT5 and eNOS pathways.

**Methods and results:** Anesthetized rabbits were subjected to 30-min ischemia/3-hour reperfusion. Perc, consisted of 4 cycles of 1-min ischemia/reperfusion, was applied in the carotid artery at different time points. Perc was started and ended during ischemia, started during ischemia and ended at the beginning of reperfusion, started at the end of ischemia and ended at reperfusion and started and ended during reperfusion. The PI3K inhibitor wortmannin, or the JAK-2 inhibitor AG490, was also applied and the infarct size was assessed. In another series assigned to the previous groups, the phosphorylation of Akt, PI3K, ERKs1/2, GSK3 $\beta$ , STAT3, and STAT5 was evaluated. All Perc groups had smaller infarction compared to those without Perc, independently of PI3K or JAK-2 inhibition. STAT5 was the only molecule that was phosphorylated in parallel with cardioprotection. Since Src and angiotensin II mediate the STAT5 pathway, we administered the Src inhibitor PP1 and the angiotensin II receptor antagonist valsartan. PP1 and valsartan prevented STAT5 phosphorylation, but did not abrogate the effect of Perc. Furthermore, the NOS inhibitor L-NAME was administered and abrogated the infarct size limiting effect of Perc. In parallel, the expression of cleaved caspase-3 was elevated only in the control and Perc-A-L-NAME groups.

**Conclusion:** Perc reduces infarction independently of RISK, SAFE and STAT5 pathways. Src kinase and angiotensin II play a predominant role in STAT5 activation. eNOS may protect the myocardium through inhibition of apoptosis.

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## 1. Introduction

Applying one or more short-lived episodes of ischemia and reperfusion to the heart (ischemic conditioning) or to a distal organ (remote ischemic conditioning) reduces the infarct size caused by sustained myocardial ischemia and reperfusion [1]. In this context, causing short repetitive periods of ischemia to a remote vascular territory during an evolving myocardial infarction, reduces the final infarct size and thus confers protection against reperfusion injury both in experimental models and in humans [2–4]. Clinical studies have shown promising findings that this approach termed per-conditioning (Perc) may confer protection to the heart [5] although negative outcomes with very similar interventions have also been reported [6,7].

Organ protection by Perc is still in the early stage of investigation and algorithms have hitherto been empiric [8]. No insights have been obtained so far regarding the duration of the remote ischemic stimulus of each episode or the time of its application. Moreover, despite that the mechanism of classic ischemic pre- and post-conditioning has been elucidated with the identification of several receptors, ligands and intracellular mediators, the mechanism of Perc is partially known and is still under investigation [9,10]. Experimental studies suggest a neuro-hormonal pathway linking the remote ischemic stimulus to the heart where established myocardial pro-survival signaling pathways are activated [11,12]. The activation of the PI3K/Akt pathway component of the Reperfusion Injury Salvage Kinase (RISK) pathway [13] at the onset of myocardial reperfusion has been implicated as a mediator of direct myocardial preconditioning [13] and postconditioning [14], although its role has been questioned by others [15]. Postconditioning has also been shown to activate the signal transducer and activator of transcription-3 (STAT3) as part of the SAFE pathway [11,16–18]. However, the translation to humans failed to prove the involvement

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