



# Irreversible Triggers for Hypertrophic Cardiomyopathy Are Established in the Early Postnatal Period

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## ABSTRACT

**BACKGROUND** Hypertrophic cardiomyopathy (HCM) is caused by mutations in sarcomere protein genes, and left ventricular hypertrophy (LVH) develops as an adaptive response to sarcomere dysfunction. It remains unclear whether persistent expression of the mutant gene is required for LVH or whether early gene expression acts as an immutable inductive trigger.

**OBJECTIVES** The aim of this study was to use a regulatable murine model of HCM to study the reversibility of pathological LVH.

**METHODS** The authors generated a double-transgenic mouse model, tTA x  $\alpha$ MHC<sup>R403Q</sup>, in which expression of the HCM-causing Arg403Gln mutation in the  $\alpha$ -myosin heavy chain (MHC) gene is inhibited by doxycycline administration. Cardiac structure and function were evaluated in groups of mice that received doxycycline for varying periods from 0 to 40 weeks of age.

**RESULTS** Untreated tTA x  $\alpha$ MHC<sup>R403Q</sup> mice showed increased left ventricular (LV) mass, contractile dysfunction, myofibrillar disarray, and fibrosis. In contrast, mice treated with doxycycline from conception to 6 weeks had markedly less LVH and fibrosis at 40 weeks. Transgene inhibition from 6 weeks reduced fibrosis but did not prevent LVH or functional changes. There were no differences in LV parameters at 40 weeks between mice with transgene inhibition from 20 weeks and mice with continuous transgene expression.

**CONCLUSIONS** These findings highlight the critical role of the early postnatal period in HCM pathogenesis and suggest that mutant sarcomeres manifest irreversible cardiomyocyte defects that induce LVH. In HCM, mutation-silencing therapies are likely to be ineffective for hypertrophy regression and would have to be administered very early in life to prevent hypertrophy development. (J Am Coll Cardiol 2015;65:560-9) © 2015 by the American College of Cardiology Foundation.

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**H**ypertrophic cardiomyopathy (HCM) is a heritable myocardial disorder associated with an increased risk of congestive heart failure, myocardial ischemia, cardiac arrhythmias, and sudden death, particularly in young individuals (1,2). Given the substantial morbidity and mortality of HCM, discovering strategies that induce regression or prevent left ventricular hypertrophy (LVH) would have substantial clinical impact.

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The contemporary mechanistic paradigm for HCM is that primary perturbations of sarcomere function resulting from disease gene mutations trigger a cascade of cardiomyocyte responses including changes in calcium homeostasis, energy use, and gene expression that culminate in the hallmark pathological features of myocardial hypertrophy, disarray, and fibrosis (1,2). Although numerous interventions that modify downstream hypertrophic pathways have been evaluated, the effects of therapies that primarily inactivate or interfere with expression of mutant HCM genes have not been fully explored.

The first mutation discovered to have an association with HCM was an Arg403Gln substitution in the  $\beta$ -myosin heavy chain (MHC) gene (3), and this mutation has been studied in murine and rabbit models (4-10). The 2 isoforms of cardiac MHC,  $\alpha$  and  $\beta$ , vary in expression among species and developmental stages (11). In humans and rabbits,  $\beta$  is the major isoform in the normal adult ventricle. In mice, there is a postnatal isoform switch from  $\beta$  to  $\alpha$ , and thus human  $\beta$  mutations are typically modeled in the murine  $\alpha$  gene. The first Arg403Gln  $\alpha$ -MHC model was generated using a “hit-and-run” approach (4). Heterozygous mice developed HCM during adult life, whereas their homozygous littermates showed fulminant dilated cardiomyopathy (DCM) and died during the first postnatal week (4-6). In a seminal study, Jiang et al. (12) reported that ribonucleic acid interference (RNAi)-induced silencing of the mutant allele in heterozygous mice suppressed the development of HCM only when silencing was induced in mice at 1 day of age, with no effect on mice with overt HCM.

Here we report a novel regulatable mouse model of HCM in which mice carrying an Arg403Gln  $\alpha$ -MHC transgene under the control of a tetracycline operon were crossed to mice that carried a tetracycline transactivator (tTA) transgene under the control of the  $\alpha$ -MHC promoter (13). In the double-transgenic mice, tTA x  $\alpha$ -MHC<sup>R403Q</sup>, Arg403Gln is constitutively expressed but can be inhibited by adding the tetracycline analogue, doxycycline, to drinking water. We used this

model to determine whether transgene inhibition at varying times in adult mice would enable HCM to be reversed or prevented. Our data support the use of mutation-silencing strategies for primary prevention of HCM but suggest that there is a limited time window in which such therapies are likely to be effective.

## METHODS

**ANIMAL MODEL.** A construct containing murine *Myh6* complementary deoxyribonucleic acid (cDNA) with the Arg403Gln mutation and a Kozak consensus sequence (accAUGg) was cloned into a pTet splice plasmid vector downstream of 7 copies of the tetracycline operator and a single copy of the human cytomegalovirus (CMV) minimal promoter (Figure 1A). DNA was injected into pronuclei of zygotes from FVB/N mice, and transgenic mice were generated and maintained on an FVB/N background. Heterozygous carriers of the Arg403Gln  $\alpha$ -MHC ( $\alpha$ MHC<sup>R403Q</sup>) transgene were then crossed to mice carrying a single tTA transgene under the control of the  $\alpha$ -MHC promoter on an FVB/N background (Jackson Laboratory, Bar Harbor, Maine) (13) to produce double-transgenic offspring (referred to as tTA x  $\alpha$ MHC<sup>R403Q</sup>). Expression of the  $\alpha$ MHC<sup>R403Q</sup> transgene was turned off by administering 1 mg/ml doxycycline mixed with 25 mg/ml sucrose in mouse drinking water. Wild-type (WT) controls were littermates of tTA x  $\alpha$ MHC<sup>R403Q</sup> mice that did not carry either the  $\alpha$ MHC<sup>R403Q</sup> or tTA transgenes. Mice were genotyped by polymerase chain reaction (PCR) amplification of tail genomic DNA and were maintained and evaluated according to protocols approved by the Garvan-St Vincent’s Hospital Animal Ethics Committee (Darlinghurst, Australia).

**ECHOCARDIOGRAPHY.** Mice were sedated with 2.5% tribromoethanol (Avertin), 0.005 to 0.01 ml/g by intraperitoneal injection, and transthoracic echocardiography was performed using a Sonos 5500 ultrasonograph (Philips Medical Systems, Andover, Massachusetts) and a 12- to 15-mHz probe. Heart rate was monitored by continuous electrocardiography.

**MYOCARDIAL HISTOPATHOLOGY.** Hearts were dissected, washed in 0.9% sodium chloride, fixed in 4% paraformaldehyde overnight, dehydrated in 70% ethanol, and embedded in paraffin. Tissue blocks were cut into 3- $\mu$ m sections, placed on glass slides, and stained with hematoxylin and eosin or picosirius red. Sections were reviewed by an independent

## ABBREVIATIONS AND ACRONYMS

<b>CVF</b>	= collagen volume fraction
<b>DCM</b>	= dilated cardiomyopathy
<b>HCM</b>	= hypertrophic cardiomyopathy
<b>LV</b>	= left ventricular
<b>LVDD</b>	= left ventricular end-diastolic diameter
<b>LVFS</b>	= left ventricular fractional shortening
<b>LVH</b>	= left ventricular hypertrophy
<b>MHC</b>	= myosin heavy chain
<b>RNAi</b>	= ribonucleic acid interference
<b>tTA</b>	= tetracycline transactivator
<b>WT</b>	= wild-type

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