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# Investigating the non-linearity of the BOLD cerebrovascular reactivity response to targeted hypo/hypercapnia at 7 T

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#### ABSTRACT

Cerebrovascular reactivity (CVR) is a mechanism responsible for maintaining stable perfusion pressure within 18 the brain via smooth muscle mediated modulations of vascular tone. The amplitude of cerebral blood flow 19 (CBF) change in response to a stimulus has been evaluated using Blood Oxygen Level Dependent (BOLD) MRI, 20 however the relationship between the stimulus and the measured signal remains unclear. CVR measured 21 invasively in animal models and using blood-velocity based measurements in humans has demonstrated a 22 sigmoidal relationship between cerebral blood flow and CO<sub>2</sub> partial pressure. Using an ultra-high magnetic 23 field strength (7 T) MRI scanner and a computer controlled gas delivery system, we examined the regional and 24 voxel-wise CVR response in relation to a targeted progressively increasing hypo- to hypercapnic stimulus. The 25 aim of this study was to assess the non-linearity/sigmoidal behavior of the CVR response at varying arterial 26 CO<sub>2</sub> (PaCO<sub>2</sub>) levels. We find that a sigmoidal model provides a better description of the BOLD signal response 27 to increasing PaCO<sub>2</sub> than a linear model. A distinct whole-brain and gray matter BOLD-CVR signal plateau was 28 observed in both voxel-wise and regional analysis. Furthermore, we demonstrate that a progressively increasing 29 stimulus in combination with a sigmoidal response model can be used to obtain CVR values and provides 30 additional physiologically relevant information (such as linear and non-linear response domains, and maximum 31 response amplitudes) that may be more difficult to obtain from blocked CVR experiments. Considering these 32 results, we propose an alternative way in which to define CVR based on the derivative of the BOLD-CVR response 33 curve, which can potentially be used to differentiate between healthy and diseased vascular states.

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## 1. Introduction

Cerebral autoregulation (CA) refers to the mitigation of changes in cerebral blood flow in response to changes in cerebral perfusion pressure (Peterson et al., 2011). Cerebrovascular reactivity (CVR) refers to the change in cerebral blood flow (CBF) and cerebral blood volume (CBV) in response to a vasoactive stimulus. CVR is an essential component of the CA mechanism. Impaired CVR has been linked to an increased risk of stroke in patients with carotid artery occlusion and stenosis (Gupta et al., 2012; Silvestrini et al., 2000), severe depression (Lemke et al., 2010), and has been studied in connection with cognitive decline (Balucani et al., 2012) and Alzheimer's disease (Silvestrini et al., 2012). Mapping of CVR has been used to identify neuro-vascular uncoupling

(Zaca et al., 2011). Furthermore, CVR maps have been used to evaluate 53 clinical outcomes in patients following corrective cerebrovascular surgery 54 (Han et al., 2011; Heyn et al., 2010; Mikulis et al., 2005). CVR also plays a 55 role during the calibration process for quantitative functional Blood 56 Oxygen Level Dependent (BOLD) imaging (Davis et al., 1998; Gauthier 57 and Hoge, 2013; He and Yablonskiy, 2007; Hoge, 2012; Pike, 2012). 58

for the purpose of pre-surgical planning in tumor resection procedures 52

#### 1.1. Measuring CVR

Hypercapnia is the most common vasoactive stimulus used to probe 60 CVR since it serves to iso-metabolically increase CBF and CBV. Hypercap-61 nia can be imposed in a number of ways, including breath-holding, the 62 inhalation of CO<sub>2</sub>-containing gas, rebreathing of exhaled gas and auto-63 mated targeting of arterial CO<sub>2</sub> (Fierstra et al., 2013; Tancredi and 64 Hoge, 2013; Wise et al., 2007). The vascular response to hypercapnia 65 can be assessed using a variety of modalities including transcranial 66 Doppler ultrasound (TCD), near infrared spectroscopy (NIRS), magnetic 67 resonance imaging (MRI) and positron emission tomography (PET) 68

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128 129 imaging (Rostrup et al., 2000). Clinically, non-invasive CVR measurements are generally performed using TCD (TCD-CVR), whereby changes in blood flow velocity are recorded from the middle cerebral arteries, thereby facilitating the measurement of CVR in related perfusion territories. Therefore, TCD measurements are generally insensitive to localized CVR impairment. Alternatively, MRI based measurements can be used to probe CVR and assess local changes by way of the BOLD contrast mechanism (henceforth termed BOLD-CVR), which is sensitive to changes in blood oxygenation (Kim and Ogawa, 2012; Lythgoe et al., 1999; Siero et al., 2013; Vesely et al., 2001). Increasing CBF via vasoactive stimuli will increase venous oxygen saturation due to the de-oxyhemoglobin removal causing a concurrent increase in the BOLD signal from baseline. Recent studies have demonstrated that BOLD MRI is a viable tool for investigating impaired CVR in relation to pathological conditions (da Costa et al., 2013; Spano et al., 2012).

#### 1.2. Linearity of the CVR response

BOLD-CVR experiments generally assume a linear relationship between hypercapnia-imposed CVR and the resultant change in the BOLD signal (van der Zande et al., 2005). However, investigations of CVR using TCD in combination with progressively increasing CO<sub>2</sub> stimuli have demonstrated a sigmoidal relationship between cerebral blood flow velocity and arterial CO<sub>2</sub> partial pressure (PaCO<sub>2</sub>) (Battisti-Charbonney et al., 2011; Claassen et al., 2007; Ringelstein et al., 1988). This non-linear response of the cerebral vasculature has also been thoroughly documented in animal studies while invasively measuring changes in CBF as a function of PaCO<sub>2</sub> (Harper and Glass, 1965; Reivich, 1964). A non-linear CVR relationship will complicate the interpretation of clinical BOLD-CVR results since variations in delivered stimulus magnitude will result in inconsistent CVR values. This issue will also influence the robustness of quantitative BOLD-fMRI experiments that make use of hypercapnic calibration experiments.

The aim of this work was to investigate the non-linearity of the BOLD-CVR response and to determine whether the response followed a sigmoidal curve, as has been observed using other modalities. Normoxic, slowly increasing hypo- to hypercapnic challenges were administered, allowing closer examination of incremental vascular responses to increasing PaCO<sub>2</sub>. Blocked hypercapnic challenges were administered to assess whether the BOLD signal changes resulting from rapid increases in PaCO<sub>2</sub> were comparable to those administered using a progressive ramp protocol. Breathing challenges were delivered using a computer controlled prospective targeting system, which facilitated precise control of arterial CO<sub>2</sub> and O<sub>2</sub> partial pressures (Fierstra et al., 2013), BOLD signal measurements were performed at ultra-high field strength (7 T). The increased BOLD contrast to noise (CNR) ratio at this field strength (Polders et al., 2011; van der Zwaag et al., 2009) allowed for the production of high resolution CVR and fitted parameter maps, which facilitated voxel-wise analysis of the BOLD-CVR response as well as the comparison of regional GM and WM CVR response.

#### 2. Materials and methods

#### 2.1. Data acquisition

This study was approved by the Medical Ethics Committee of our institution and informed consent was obtained from all volunteers. Eight healthy volunteers (three females) were scanned on a Philips 7 T MRI scanner using a 32 channel receive coil in combination with a volume transmit coil (Nova Medical, Wilmington, MA, USA). Third order image-based shimming was performed using in-house IDL software (v6.3 RSI, Boulder, CO, USA) to minimize  $B_0$  field inhomogeneities. Multi-slice single-shot GE-EPI BOLD images (flip angle:  $90^\circ$ , TR/TE: 3000/25 ms, EPI/SENSE factor: 47/3, reconstructed resolution:  $1.5 \times 1.5$  mm², slice thickness: 1.6 mm, FOV:  $217.6 \times 192$  mm²,

acquisition matrix:  $133 \times 120$ , slices: 43, image volumes: 204, scan 130 duration: 601 s) with whole brain coverage were acquired throughout a 131 hypo- to hypercapnic breathing challenge. Block stimulus CVR-response 132 data was acquired in five of eight subjects (total scan duration: 369 s) 133 using the same EPI sequence. Following BOLD data acquisition, high 134 resolution 3D multi-shot GE-EPI  $T_2^*$  weighted scans were acquired for 135 anatomical reference (flip angle:  $24^\circ$ , TR/TE: 77/27 ms, EPI factor: 13, 136 SENSE factor RL/FH: 2.3/1, reconstructed resolution: 0.5 mm isotropic, 137 FOV:  $240 \times 150 \times 192$  mm³, acquisition matrix:  $480 \times 381 \times 300$ , scan 138 duration: 385 s) (Zwanenburg et al., 2011).

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#### 2.2. Apparatus and breathing protocol

End-tidal CO<sub>2</sub> was targeted by using a RespirAct™ device (Thornhill 141 Research Inc, Toronto, Canada). This computer-controlled gas blender 142 and sequential gas delivery system runs a feed-forward algorithm 143 (Slessarev et al., 2007) whereby measured end-tidal CO<sub>2</sub> partial 144 pressure has been shown to be equal to PaCO<sub>2</sub> (Ito et al., 2008). A 600 s 145 breathing challenge (protocol shown in Fig. 3-A) consisting of 4 parts 146 was delivered as follows: (1) 120 s baseline period — PaCO<sub>2</sub> values 147 targeted at resting state levels of individual subjects. (2) Hyperventilatory 148 period in which targeted PaCO<sub>2</sub> was set to 10 mmHg below baseline. (3) 149 300 s progressively increasing PaCO<sub>2</sub> ramp. The maximum targeted 150 PaCO<sub>2</sub> values were adapted on a per-subject basis based on the individual 151 tolerances to RespirAct calibration experiments done outside of the 152 scanner, as well as individual resting baseline values. This lead to 153 maximum targeted values between 46 and 60 mmHg PaCO<sub>2</sub>. (4) 120 s 154 baseline. In order to compare and validate regional signal changes from 155 the ramped protocol with those acquired using a block stimulus design, 156 an additional 90 s block stimulus (PaCO2 targeted at 10 mmHg above 157 the individual baseline PaCO<sub>2</sub> value) in between two 120 s baseline 158 periods was applied in five subjects (protocol shown in Fig. 3-B). 159 Normoxia was maintained throughout both protocols.

#### 2.3. Processing and ROI segmentation

Processing and segmentation of image data was done using the Functional MRI of The Brain (FMRIB) Software Library (FSL) (Jenkinson et al., 163 2012). A mean-timeseries volume was created by averaging signal intensities across the GE-EPI timeseries. Mean-timeseries voxels containing 165 signal from brain tissue were extracted using the FSL Brain Extraction 166 Tool (BET) (Smith, 2002). A whole brain (WB) mask was then created 167 by binarizing the BET mean-timeseries volume. Multiplication of this 168 WB mask with the individual timeseries volumes extracted the brain 169 tissue from the GE-EPI timeseries data. The extracted volumes were 170 then re-aligned to the mean-timeseries volume using the FSL Motion 171 Correction Linear Image Registration Tool (MCFLIRT) (Jenkinson et al., 172 2002). Re-aligned volumes were spatially smoothed using a 3D 173 Gaussian kernel (kernel size:  $3 \times 3 \times 3$  voxels,  $\sigma = 0.65$  mm). The 174 mean-timeseries volume was segmented using the FSL Automated 175 Segmentation Tool (FAST) (Zhang et al., 2001) creating partial volume 176 tissue maps segmenting gray matter (GM), white matter (WM) and 177 cerebrospinal fluid (CSF) components. Conservative tissue specific ROI 178 masks were generated by thresholding partial volume maps obtained 179 from FAST output at unity (Zhang et al., 2001) followed by erosion 180 using a  $1 \times 1 \times 1$  voxel 'diamond' shaped kernel. Thus, boundary 181 voxels potentially consisting of mixed tissue were discarded. Known 182 CSF regions in GM and WM ROIs, which were not properly segmented, 183 were removed manually. Finally, the mean-timeseries volume was 184 aligned to the high resolution T2\* anatomical scan using rigid-body 185 registration (FLIRT) (Jenkinson and Smith, 2001; Jenkinson et al., 2002). 186

#### 2.4. De-trending, smoothing and PaCO<sub>2</sub> alignment

To account for scanner drift, ROI and voxel timeseries data were 188 linearly de-trended using their respective pre- and post-stimulus baseline 189

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