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The effect of a school-centered multicomponent intervention on daily physical activity and sedentary behavior in primary school children: the Active Living study

D.H.H. Van Kann^{1,2,3}, S.P.J. Kremers⁴, N.K. de Vries^{1,2}, S.I. de Vries⁵, M.W.J. Jansen^{2,6}

¹ Department of Health Promotion, School of Public Health and Primary Care (CAPHRI), Maastricht University, Maastricht, The Netherlands

² Academic Collaborative Center for Public Health Limburg, Public Health Services, Geleen, The Netherlands

³ School of Sports Studies, Fontys University of Applied Sciences, Eindhoven, The Netherlands

⁴ Department of Health Promotion, Nutrition and Translational Research Institute Maastricht (NUTRIM), Maastricht University, Maastricht, The Netherlands

⁵ The Hague University of Applied Sciences, Research group Healthy Lifestyle in a Supporting Environment, The Hague, The Netherlands

⁶ Department of Health Services Research, School of Public Health and Primary Care (CAPHRI), Maastricht University, Maastricht, The Netherlands

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