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Validation of the Kohnen Restless Legs Syndrome–Quality of Life Instrument

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Highlights:

- The Kohnen Restless Legs Syndrome–Quality of Life questionnaire (KRLS-QoL) is a specific 12-item instrument self-applied by RLS patients to measure quality of life.
- The present study is aimed at performing a first formal validation study of this instrument.
- The KRLS-QoL performed as an acceptable, reliable, valid, and responsive measure to assess the impact of the RLS on quality of life.
- The KRLS-QoL performs comparably to other RLS QoL scales and can be used to measure responsiveness to therapy.

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