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Increased noneosinophilic nasal polyps in chronic rhinosinusitis in US second-generation Asians suggest genetic regulation of eosinophilia

To the Editor:

Chronic rhinosinusitis (CRS) with nasal polyps (CRSwNP) is an inflammatory disease with a high impact on quality of life and is characterized by the presence of polyps in an individual with diagnosis of CRS. Although most of the nasal polyps (NPs) in patients with CRSwNP seen in Western countries are eosinophilic,^{1,2} noneosinophilic NPs comprise a significant percentage of CRSwNP seen in East Asian countries including China, Korea, Japan, and Malaysia.³⁻⁸ Studies comparing polyps in Chinese and Belgian patients have shown significantly lower eosinophil numbers^{3,9} and lower eosinophil cationic protein (ECP) levels⁹ in NPs in Chinese patients.

In the last decade, there has been a trend toward increasing eosinophilic nasal polyposis in Asian populations.^{5,10} A Korean study has shown that eosinophilic NPs have increased from

24% of the total NPs resected in 1993-1994 to 50.9% in 2010-2012.⁵ However, recent studies still show that about half of the CRSwNP cases in East Asian countries have a noneosinophilic pathology.⁴⁻⁸ This raises the possibility that this type of NPs are influenced by different pathogenesis elements that are more common in that area and/or that genetic factors play a role in the level of eosinophilia in NPs in Asian populations.

In an attempt to test whether the propensity of Asian populations to manifest noneosinophilic polyps is due to genetic factors, we evaluated the eosinophilic marker ECP and evidence for eosinophilia in the pathology report of polyp and sinus tissue collected during functional endoscopic surgery in a group of second-generation Asian patients with CRS in Illinois and compared them with those in patients of other ethnicities in Illinois. We focused on study patients with both parents from Asian countries who were born and raised in the United States. Such patients come from the same genetic pool as their parents but have presumably been exposed to environmental factors present in the United States. Our findings demonstrated reduced eosinophilia in Asian patients with CRSwNP who were born and raised in the United States.

A consecutive series of 296 patients with CRSwNP who underwent surgery at Northwestern University from 2005 to 2013 were included. Patients with self-reported Asian ancestry and born in the United States were identified as second-generation Asian. Twenty-three patients had identified themselves as Asian (including Chinese, Korean, Japanese, and Malaysian), out of which 11 were second generation and were included. The rest were excluded from the study. Original pathology reports of polyp and sinus tissue obtained during surgery were reviewed for reported eosinophilia. The tissue would have been reported as eosinophilic by the pathologists if eosinophils comprised more than 10% of inflammatory cells in the studied area. Furthermore, in 161 of the enrolled cases, tissue homogenates of polyp and/or uncinate tissue (UT) were available in a prospectively collected biorepository and were analyzed for ECP. UT was used as representative of sinus and upper nasal tissue. Previous studies have shown that NPs and UT of patients with CRSwNP from the United States have a significantly higher number of eosinophils than does control UT.² ECP levels were measured by ELISA using the Mesacup ECP Test Kit from MBL (Woburn, Mass). The ECP concentration was measured as ng/ μ L. The level was adjusted to total protein concentration in each sample, which was measured as mg/ μ L. All ECP levels were reported as ng/mg of total protein. Physician diagnosis of asthma and atopy was recorded as part of the study and was double-checked by using chart review. Atopy was defined by evidence of allergic sensitization to aeroallergens by using skin prick test or Immunocap testing. The study was approved by the Northwestern University institutional review board.

Comparisons among groups in terms of ECP levels were assessed by using Kruskal-Wallis and Dunn's multiple comparisons tests. Comparisons between groups in terms of eosinophilic polyps, asthma, and atopy were done by using Fisher exact test. Adjusting for age and sex for the above analyses was performed by logistic regression. These statistical analyses were performed using IBM SPSS, version 22. A *P* value of less than .05 was considered statistically significant.

Levels of ECP in polyp (mean, 179.4 vs 1256 ng/mg; *P* < .001) and UT samples (mean, 133.6 vs 838.6 ng/mg; *P* < .001) were significantly lower in tissue from second-generation Asian versus

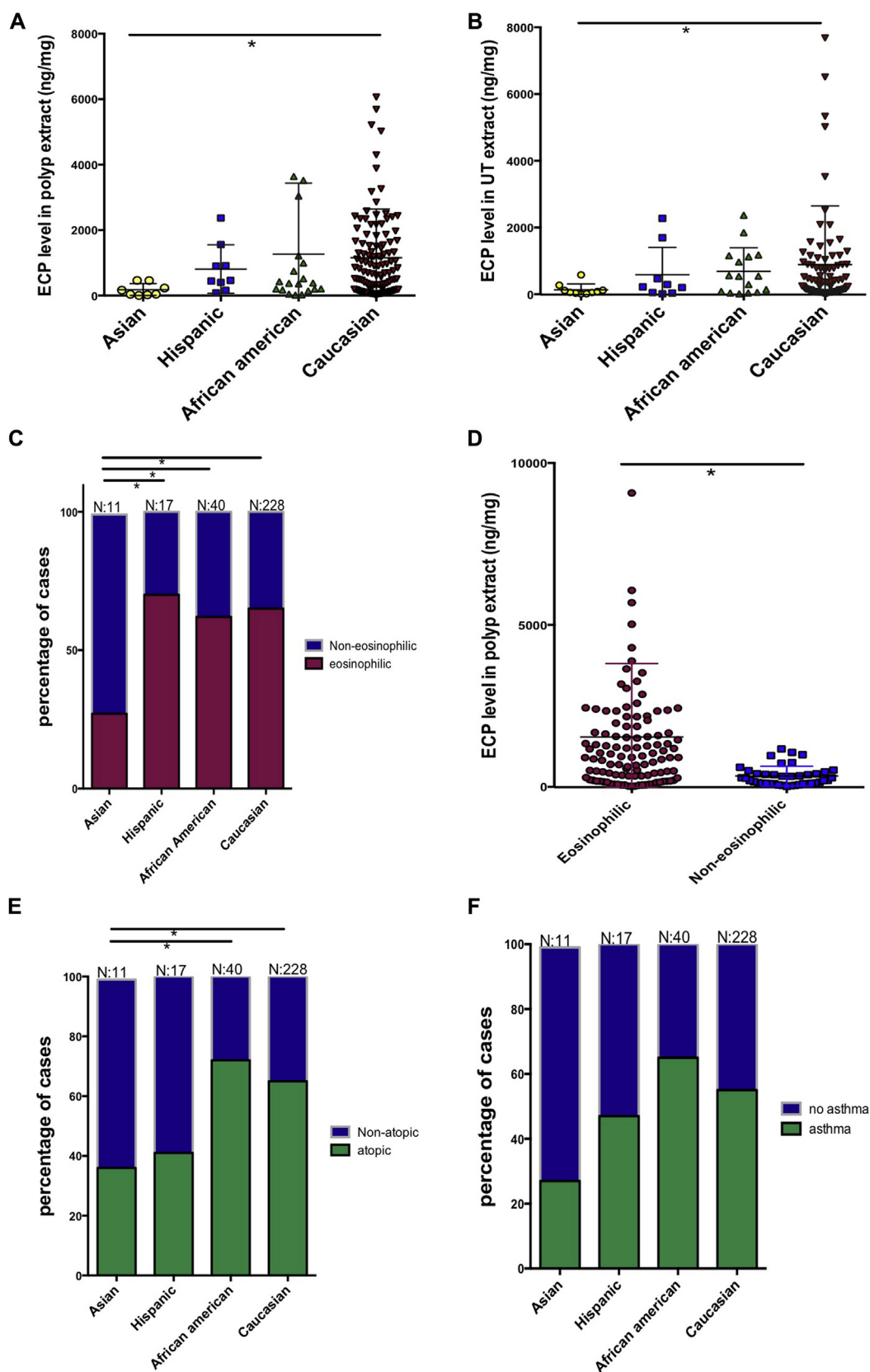


FIG 1. **A**, The ECP level in polyp tissue homogenates was significantly lower in samples from Asian patients than in samples from white patients. **B**, Also, the ECP level in UT of Asian cases was significantly lower than the ECP level in UT extracts of both white and black patients. **C**, Asian patients had a significantly lower frequency of pathology-reported eosinophilic sinusitis than did patients of other ethnicities. **D**, The ECP level in polyp extracts was significantly lower in cases reported in the surgical pathology examination as noneosinophilic than in those reported as eosinophilic. Asian patients with CRS and nasal polyposis had a significantly lower frequency of atopy (**E**) and a trend toward lower frequency of asthma compared with white and black patients. (* $P < .05$).

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