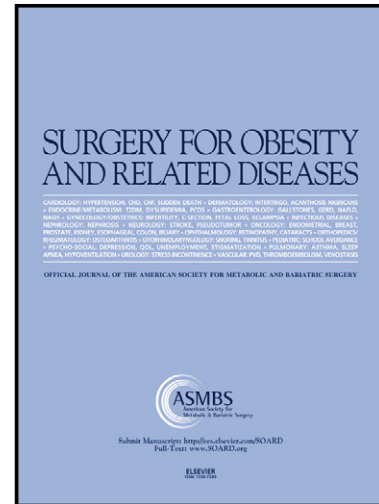


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A One Year Videoconferencing-Based Psychoeducational Group Intervention Following Bariatric Surgery: Results of a Randomized Controlled Study

Beate Wild Ph.D., Katharina Hünemeyer Ph.D., Helene Sauer Dipl. Nutritionist, Bernhard Hain MD, Isabelle Mack Ph.D., Dieter Schellberg Dipl.Psych., Beat Peter Müller-Stich MD, Rudolf Weiner MD, Tobias Meile MD, Gottfried Rudofsky MD, Alfred Königsrainer MD, Stephan Zipfel MD, Wolfgang Herzog MD, Martin Teufel MD



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A one year videoconferencing-based psychoeducational group intervention following bariatric surgery: Results of a randomized controlled study

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Short title: efficacy of a post-surgical group intervention

Abstract

Background: For severely obese patients, bariatric surgery has been recommended as an effective therapy.

Objectives: The Bariataric Surgery and Education (BaSE) study aimed to assess the efficacy of a videoconferencing-based psychoeducational group intervention in patients after bariatric surgery.

Setting: The BaSE study is a randomized controlled multi-centre clinical trial involving 117 patients undergoing bariatric surgery (mean pre-operative body mass index, BMI, 49.9 kg/m²,

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