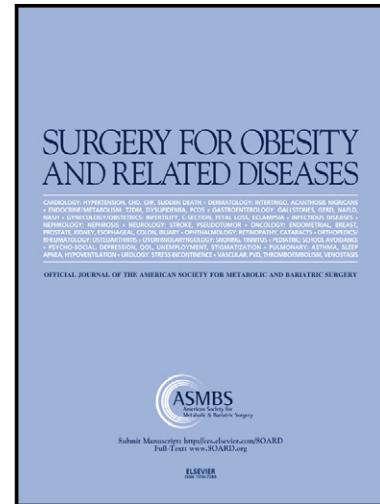


Metabolic Bone Changes After Bariatric Surgery

Julie Kim M.D., Stacy Brethauer M.D., on behalf of
the ASMBS Clinical Issues Committee, American
Society for Metabolic and Bariatric Surgery Clinical
Issues Committee, Position Statement



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Metabolic Bone Changes After Bariatric Surgery

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American Society for Metabolic and Bariatric Surgery Clinical Issues Committee
Position Statement

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Preamble

The following position statement is issued by the American Society for Metabolic and Bariatric Surgery for the purpose of enhancing quality of care in bariatric surgery. In this statement, suggestions for management are presented which are derived from available knowledge, peer-reviewed scientific literature, and expert opinion regarding monitoring and treatment of metabolic bone changes after bariatric surgery procedures. The statement may be revised in the future should additional evidence become available.

The Issue

Despite the undisputed health benefits, bariatric surgery requires not only an extensive pre-operative evaluation but a commitment from the patient to participate in life-long follow-up. Long term follow-up after bariatric surgery focuses on weight loss maintenance and adherence to aftercare recommendations regarding micronutrient supplementation.

Weight loss outcomes, risks and benefits and the potential for long-term complications vary among the different procedure types. In general, bypass procedures that result in duodenal

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