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Aging and age related stresses: a senescence mechanism of intervertebral disc degeneration

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#### **Title**

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disc degeneration

# **Running title**

Senescence Mechanism of Intervertebral Disc Degeneration

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# **Abstract**

Intervertebral disc (IVD) degeneration is a complicated process that involves both age-related change and tissue damage caused by multiple stresses. In a degenerative IVD, cellular senescence accumulates and is associated with reduced proliferation, compromised self-repair, increased inflammatory response, and enhanced catabolic metabolism. In this

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