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The intervention composed of aerobic training and Non-exercise physical activity (I-CAN) study: Rationale, design and methods

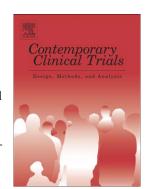
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## **ACCEPTED MANUSCRIPT**

The Intervention Composed of Aerobic Training and Non-Exercise Physical Activity (I-CAN) Study: Rationale, Design and Methods

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