

## The International Association for the Study of Lung Cancer Consensus Statement on Optimizing Management of *EGFR* Mutation-Positive Non-Small Cell Lung Cancer: Status in 2016



Daniel S. W. Tan, M.B.B.S., MRCP,<sup>a</sup> Sue S. Yom, MD, PhD,<sup>b</sup> Ming S. Tsao, MD, FRCPC,<sup>c</sup> Harvey I. Pass, MD,<sup>d</sup> Karen Kelly, MD,<sup>e</sup> Nir Peled, MD, PhD,<sup>f</sup> Rex C. Yung, MD,<sup>g</sup> Ignacio I. Wistuba, MD,<sup>h</sup> Yasushi Yatabe, MD, PhD,<sup>i</sup> Michael Unger, MD,<sup>j</sup> Philip C. Mack, PhD,<sup>e</sup> Murry W. Wynes, PhD,<sup>k</sup> Tetsuya Mitsudomi, MD,<sup>l</sup> Walter Weder, MD,<sup>m</sup> David Yankelevitz, MD,<sup>n</sup> Roy S. Herbst, MD, PhD,<sup>o</sup> David R. Gandara, MD,<sup>e</sup> David P. Carbone, MD, PhD,<sup>p</sup> Paul A. Bunn Jr., MD,<sup>q</sup> Tony S. K. Mok, MD,<sup>f,\*</sup> Fred R. Hirsch, MD, PhD<sup>q</sup>

<sup>a</sup>National Cancer Centre Singapore and Genome Institute of Singapore, Singapore

<sup>b</sup>Department of Radiation Oncology, University of California, San Francisco, California

<sup>c</sup>Departments of Pathology, University Health Network, Princess Margaret Cancer Centre, and the University of Toronto, Toronto, Ontario, Canada

<sup>d</sup>Department of Cardiothoracic Surgery, New York University Langone Medical Center, New York, New York

\*Corresponding author.

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Address for correspondence: Tony S. K. Mok, MD, The Chinese University of Hong Kong, Department of Clinical Oncology, State Key Laboratory of Southern China, Hong Kong Cancer Institute, Prince of Wales Hospital 30-32, Ngan Shing Street, Hong King, Shatin, People's Republic of China. E-mail: tony@clo.cuhk.edu.hk

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<sup>e</sup>University of California Davis Comprehensive Cancer Center, Sacramento, California <sup>f</sup>The Thoracic Cancer Unit, Davidoff Cancer Center, Tel Aviv University, Tel-Aviv, Israel <sup>3</sup>Department of Pulmonary and Critical Care Medicine, Greater Baltimore Medical Center, Baltimore, Maryland <sup>h</sup>Department of Translational Molecular Pathology, The University of Texas M. D. Anderson Cancer Center, Houston, Texas <sup>i</sup>Department of Pathology and Molecular Diagnostics, Aichi Cancer Center, Nagoya, Japan <sup>j</sup>Sidney Kimmel Medical College and Sidney Kimmel Cancer Center, Thomas Jefferson University, Philadelphia, Pennsylvania

<sup>k</sup>International Association for the Study of Lung Cancer, Aurora, Colorado

<sup>1</sup>Division of Thoracic Surgery, Department of Surgery, Kinki University Faculty of Medicine, Osaka-Sayama, Japan

<sup>m</sup>Division of Thoracic Surgery, University Hospital Zurich, Zurich, Switzerland

<sup>n</sup>Department of Radiology, Mount Sinai School of Medicine, New York, New York

<sup>o</sup>Yale Cancer Center, New Haven, Connecticut

<sup>p</sup>Division of Medical Oncology, The Ohio State University, Columbus, Ohio

<sup>a</sup>Division of Medical Oncology, University of Colorado Cancer Center, Aurora, Colorado

<sup>r</sup>State Key Laboratory of Southern China, Hong Kong Cancer Institute, Department of Clinical Oncology, The Chinese University of Hong Kong, Prince of Wales Hospital, Shatin, New Territories, Hong Kong, People's Republic of China

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## ABSTRACT

Mutations in the epidermal growth factor receptor gene (EGFR) represent one of the most frequent "actionable" alterations in non-small cell lung cancer (NSCLC). Typified by high response rates to targeted therapies, EGFR tyrosine kinase inhibitors (TKIs) are now established first-line treatment options and have transformed the treatment paradigm for NSCLC. With the recent breakthrough designation and approval of the third-generation EGFR TKI osimertinib, available systemic and local treatment options have expanded, requiring new clinical algorithms that take into account individual patient molecular and clinical profiles. In this International Association for the Study of Lung Cancer commissioned consensus statement, key pathologic, diagnostic, and therapeutic considerations, such as optimal choice of EGFR TKI and management of brain metastasis, are discussed. In addition, recommendations are made for clinical guidelines and research priorities, such as the role of repeat biopsies and use of circulating free DNA for molecular studies. With the rapid pace of progress in treating EGFR-mutant NSCLC, this statement provides a state-of-theart review of the contemporary issues in managing this unique subgroup of patients.

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Keywords: Non-small cell lung cancer; EGFR mutation; Tyrosine kinase inhibitor; Therapy; Resistance; Brain metastases

## Introduction

Since the seminal discovery of activating epidermal growth factor receptor gene (EGFR) mutations in 2004,<sup>1,2</sup> the management paradigms and outcomes of lung cancer have changed dramatically. One of the key conceptual advances has been the identification of subsets of patients with non-small cell lung cancer (NSCLC) who exhibit differential responses to specific therapies. The significant impact of mutation-specific targeted therapies directed against an expanding list of "actionable" alterations has necessitated rapid integration of molecular profiling into clinical practice. One of the striking observations arising from molecular screening of patient populations globally has been the difference in prevalence of EGFR mutations across ethnicities.<sup>3,4</sup> For example, the prevalence of *EGFR* mutations ranges from between 5% and 10% in whites to between 60% and 70% in neversmoking Asian patients with adenocarcinoma-notably leading to regional differences in molecular profiling algorithms, as well as to varying levels of feasibility in conducting biomarker-selected trials.<sup>5</sup>

As a classic oncogene-driven solid tumor, EGFR mutation-positive NSCLC has a unique disease course typified by high response rates to tyrosine kinase inhibitors (TKIs).<sup>6</sup> Several phase III studies comparing first- and second-generation epidermal growth factor receptor (EGFR) TKIs with chemotherapy have demonstrated significantly higher response rates and longer progression-free survival (PFS), establishing EGFR TKIs as a first-line treatment of EGFR-mutant NSCLC.<sup>6-13</sup> However, resistance to TKIs almost invariably occurs and several molecular mechanisms have been described, with the EGFR T790M somatic mutation being the most frequent alteration detected in approximately half of progressing tumors.<sup>14-16</sup> Next-generation EGFR TKIs have since been developed specifically to target the T790M mutation,<sup>17,18</sup> and they have demonstrated high and durable responses in patients with advanced EGFRmutant NSCLC who have been previously treated and in whom first- or second-generation EGFR TKIs have failed. The median overall survival (OS) after first- or secondgeneration EGFR TKIs has reached 2 to 3 years and is likely to be extended further with the recent approval of Download English Version:

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