Experimental Eye Research 151 (2016) 19-22

Contents lists available at ScienceDirect

Experimental Eye Research

journal homepage: www.elsevier.com/locate/yexer

Mucosal tolerance disruption favors disease progression in an extraorbital lacrimal gland excision model of murine dry eye

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ARTICLE INFO

Article history: Received 28 January 2016 Received in revised form 6 June 2016 Accepted in revised form 12 July 2016 Available online 18 July 2016

Keywords: Dry eye Ocular surface Cornea Conjunctiva Mucosal immunology Mucosal tolerance Desiccating stress Animal models

ABSTRACT

Dry eye is a highly prevalent immune disorder characterized by a dysfunctional tear film and a Th1/ Th17 T cell response at the ocular surface. The specificity of these pathogenic effector T cells remains to be determined, but auto-reactivity is considered likely. However, we have previously shown that ocular mucosal tolerance to an exogenous antigen is disrupted in a scopolamine-induced murine dry eye model and that it is actually responsible for disease progression. Here we report comparable findings in an entirely different murine model of dry eye that involves resection of the extraorbital lacrimal glands but no systemic muscarinic receptor blockade. Upon ocular instillation of ovalbumin, a delayed breakdown in mucosal tolerance to this antigen was observed in excised but not in sham-operated mice, which was mediated by interferon γ - and interleukin 17-producing antigen-specific T cells. Consistently, antigenspecific regulatory T cells were detectable in sham-operated but not in excised mice. As for other models of ocular surface disorders, epithelial activation of the NF-κB pathway by desiccating stress was determinant in the mucosal immune outcome. Underscoring the role of mucosal tolerance disruption in dry eye pathogenesis, its prevention by a topical NF-kB inhibitor led to reduced corneal damage in excised mice. Altogether these results show that surgically originated desiccating stress also initiates an abnormal Th1/Th17 T cell response to harmless exogenous antigens that reach the ocular surface. This event might actually contribute to corneal damage and challenges the conception of dry eye as a strictly autoimmune disease.

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1. Main body

Ocular surface inflammation is one of the hallmarks of dry eye disease (DED), a highly prevalent disorder with an incompletely understood pathophysiology. The presence of a dysfunctional tear film is the other unifying feature of the different clinical patterns of DED (aqueous deficient, evaporative and mixed types), and several lines of evidence suggest that an abnormal tear film promotes a local inflammatory response (Hessen and Akpek, 2014). Intriguingly, a Th1/Th17 T-cell-driven adaptive immune response

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eventually ensues and leads to ocular surface damage (Chauhan et al., 2009; Chen et al., 2014, 2011; Coursey et al., 2014; Zhang et al., 2011), which explains the efficacy of topical cyclosporine treatment in DED patients (Hessen and Akpek, 2014). Thus, an autoimmune etiology for DED has been proposed (Stern et al., 2013, 2012), but the actual specificity of the pathogenic T cells is yet to be determined. The ocular surface is continuously exposed to airborne particles and the commensal flora, but normally it drives the expansion of regulatory T cells (Tregs) specific for these innocuous antigens that suppress unwanted inflammation. This protective mechanism is generally termed mucosal tolerance, and we have previously shown that its disruption is involved in eye drop preservative toxicity (Galletti et al., 2013; Guzmán et al., 2014). An alternative, compelling hypothesis for DED pathophysiology is that the abnormal tear film disrupts homeostatic mucosal tolerance at the ocular surface, leading to a pro-inflammatory T-cell response to any available mucosal antigen. We have recently shown this to be true in a mixed-type murine model of DED (Guzmán et al., 2015),







Abbreviations: DED, dry eye disease; Treg, regulatory T cells; NF- κ B, nuclear factor kappa B; SCO + AF, scopolamine + forced air flow; LGE, lacrimal gland excision; OVA, ovalbumin; DTH, delayed-type hypersensitivity; IFN, interferon; IL, interleukin; PDTC, pyrrolidine dithiocarbamate.

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which involves suppression of tear production by systemic muscarinic blockade with scopolamine and increased tear evaporation by forced air flow (SCO + AF). This widely employed model, however, corresponds to a severe form of DED, with almost no tear secretion and lacrimal gland atrophy (Chen et al., 2013; Xiao et al., 2015). Moreover, there is the caveat that scopolamine could have direct effects on immune cells (Chen et al., 2013; Pitcher et al., 2011). Recently, a purely aqueous-deficient DED model was characterized that only involves extraorbital lacrimal gland excision (LGE), with many contrasting features with the SCO + AF model (Stevenson et al., 2014). We hypothesized that if ocular surface mucosal tolerance disruption is indeed responsible for the initiation of the pathogenic adaptive immune response in DED, this phenomenon should also be observed in a different DED model with an unrelated cause for the abnormal tear film. Therefore, in this work we set out to explore the ocular mucosal immune response to an exogenous model antigen in the LGE model of DED.

All procedures were approved by the Institute of Experimental Medicine Animal Care and Use Committee and adhered to the ARVO Statement for the Use of Animals in Ophthalmic and Vision Research. Six-to eight-week-old C3H mice of either sex housed under standard conditions were used for all experiments. Each experiment was carried out at least once on either sex to account for gender-specific differences. On day 0, mice underwent anesthesia, bilateral extraorbital LGE or sham surgery, and postoperative analgesia as described by Stevenson et al. (Stevenson et al., 2014). Ovalbumin (OVA), an inert model antigen, was delivered to the ocular surface by daily instillation (5 µl/eye of 2 mg/ml OVA in saline) either on days 1-3 (d1-3 group) or on days 4-6 (d4-6 group), because we have previously reported that at least 3 days of desiccating stress are required for mucosal tolerance disruption in the SCO + AF model (Guzmán et al., 2015). The introduction of OVA to the ocular surface milieu is required to track the specific immune response to a known antigen because the actual pathogenic antigens that drive DED remain unidentified (Stern et al., 2013). As we have previously observed that conjunctival tolerance fully develops after 48 h, mice were s.c. immunized on day 8 with 0.1 ml of 100 µg OVA in a 1:1 saline/complete Freund's adjuvant emulsion. Then, their antigen-specific responses were quantified on day 15 by a delayed-type hypersensitivity (DTH) assay after injection of heat-aggregated OVA (500 µg in 50 µl of saline) in the foodpad, as previously described (Guzmán et al., 2015). For other experiments, mice were euthanized on day 7, their eyedraining (submandibular) lymph nodes were excised and T cells isolated for assaying antigen-specific cytokine production (Supplemental Table 1) or Treg activity. Corneal staining (as a surrogate for corneal epithelial damage) was assessed by fluorescein instillation and grading under cobalt-blue illumination by a masked observer according to the National Eye Institute scoring system (Chun and Park, 2014; Dursun et al., 2002). Tear production was also recorded with the aid of phenol red-impregnated filter paper strips. The details for all these techniques have been thoroughly described elsewhere (Guzmán et al., 2015).

Regarding ocular mucosal tolerance, we tested the immune response to a known antigen by instilling OVA at different time points, and then we performed systemic immunization by inoculating the same antigen in the presence of adjuvant. The lack of a strong immune response after such treatment when the antigen is delivered first through a mucosal surface is commonly referred to as mucosal tolerance. It should be highlighted that OVA was instilled in these experiments to be handled by the immune system as any other antigen indigenous to the ocular surface. As expected after immunization (Fig. 1A), LGE and sham-surgery mice developed full-blown DTH responses, whereas sham-surgery mice whose ocular surfaces had been exposed to OVA developed reduced antigen-specific swelling (i.e., exhibited mucosal tolerance to the antigen). LGE mice exposed to OVA during the first 3 days also showed mucosal tolerance, but when the antigen was delivered on days 4–6, LGE mice failed to suppress the DTH response. Since we have previously observed that disruption of ocular surface immune tolerance was dependent on epithelial activation of the NF-kB pathway in the SCO + AF dry eye model (Guzmán et al., 2015), we also assessed the effect of topical inhibition of this pathway in the LGE model. As expected, the delayed change in the immune response to OVA was not observed when an NF-kB inhibitor (5 µl/ eye of 0.1 mM pyrrolidine dithiocarbamate [PDTC] in saline) was instilled daily from day 1 onwards, whereas the NF-kB inhibitor by itself did not affect tolerant responses (Fig. 1A). These findings altogether are in line with our report on the SCO + AF model, which also exhibits a late NF-kB-dependent breakdown in ocular surface immune tolerance (Guzmán et al., 2015).

As mucosal tolerance at the ocular surface (and elsewhere) is mediated by peripherally induced Tregs, we tested for the presence of OVA-specific Tregs in LGE mice. We initially could not detect by flow cytometry a statistically significant difference in the number of CD4+ Foxp3+ CD25+ T cells in the eye-draining lymph nodes of LGE mice unexposed to OVA and those instilled with OVA mice on days 1–3 and 4 to 6 (data not shown). In our experimental setting, however, OVA-specific Tregs would be expected to represent a minute proportion of the total Treg population in the lymph nodes, so we performed a local adoptive transfer of DTH assay, which is very sensitive for detecting low-frequency antigen-specific Tregs (Jankowska-Gan et al., 2013). To this aim, we isolated T cells from the submandibular lymph nodes of mice one week after LGE surgery, mixed them at 1:1:1 ratio with T cells from OVA + CFA immunized mice and OVA-pulsed T-cell-depleted splenocytes (as a source of antigen presenting cells) and injected the resulting suspensions into the footpads of naïve mice (Fig. 1B). Compared to T cells from LGE mice unexposed to OVA (Ct), T cells from LGE mice that were instilled OVA on days 1-3 markedly suppressed the inflammatory reaction elicited by the effector T cells from the immunized donor in the presence of OVA. By contrast, T cells from LGE mice that were instilled OVA on days 4-6 had no such suppressive effect. As OVA-specific regulatory T cells were readily detectable in mice exposed early to the antigen but not when done later, we then tested whether antigen-specific effector T cells were being expanded in the latter group. Given the skewing of the mucosal immune response towards a Th1/Th17 profile under desiccating stress (Chauhan et al., 2009; Chen et al., 2014, 2011; Coursey et al., 2014; Zhang et al., 2011), it would be expected that naïve OVA-specific T cells were expanded and converted to interferon (IFN) γ - and interleukin IL) 17A-producing effector cells in LGE mice exposed late to the antigen. Because of the low frequency of antigen-specific T cells in wild-type mice, we resorted to in vitro amplification of the in vivo induced effector T cells prior to cytokine profiling (Supplemental Table 1). To this aim, submandibular lymph node cells were isolated as for the previous experiment and cultured for 6 days in the presence of 100 µg/ml OVA. Then, cells were stimulated with phorbol-myristate-acetate and ionomycin in the presence of brefeldin A for 5 h, fixed and permeabilized as detailed elsewhere (Guzmán et al., 2015) and stained for IFN γ and IL17A for flow cytometry. As depicted in Fig. 1C, there was no expansion of cytokine-producing CD4+ cells in the cultures from LGE + OVA d1-3 mice compared to unexposed LGE mice (Ct), whereas those from LGE + OVA d4-6 mice exhibited ~50% increase in IFN_Y- and IL17A-producing CD4+ T cells. This increase is comparable to that observed in cultures from mice immunized with OVA in complete Freund's adjuvant (data not shown), underscoring the magnitude of the response. Moreover, these results are consistent with the detectable OVA-specific Treg activity in

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