



Research paper

Z-guggulsterone negatively controls microglia-mediated neuroinflammation via blocking I κ B- α –NF- κ B signals

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HIGHLIGHTS

- Z-guggulsterone exhibits anti-inflammatory effects in microglia.
- Z-guggulsterone inhibits neuroinflammation-induced behavioral abnormalities.
- Z-guggulsterone attenuates LPS-induced I κ B- α degradation in microglia.
- Z-guggulsterone prevents LPS-induced NF- κ B nuclear translocation in microglia.
- Z-guggulsterone does not influence LPS-induced NF- κ B phosphorylation in microglia.

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ABSTRACT

Induction of pro-inflammatory factors is one of the characteristics of microglial activation and can be regulated by numerous active agents extracted from plants. Suppression of pro-inflammatory factors is beneficial to alleviate neuroinflammation. Z-guggulsterone, a compound extracted from the gum resin of the tree *Commiphora mukul*, exhibits numerous anti-inflammatory effects. However, the role and mechanism of Z-guggulsterone in pro-inflammatory responses in microglia remains unclear. This study addressed this issue in *in vitro* murine microglia and *in vivo* neuroinflammation models. Results showed that Z-guggulsterone reduced inducible nitric oxide (iNOS) protein expression as well as nitric oxide (NO), tumor necrosis factor- α (TNF- α) and interleukin-6 (IL-6) production in LPS-stimulated BV-2 cells. Z-guggulsterone also reduced the mRNA level of iNOS, TNF- α , and IL-6. Mechanistic studies revealed that Z-guggulsterone attenuated the LPS-induced degradation of inhibitor κ B- α (I κ B- α) as well as the LPS-induced nuclear translocation of nuclear factor- κ B (NF- κ B). Z-guggulsterone, however, failed to reduce the LPS-induced increase in NF- κ B phosphorylation level. These major findings were ascertained in primary microglia where the LPS-induced increases in iNOS expression, NO content, and I κ B- α degradation were diminished by Z-guggulsterone treatment. In a mouse model of neuroinflammation, Z-guggulsterone exhibited significant anti-inflammatory effects, which were exemplified by the attenuation of microglial activation and neuroinflammation-induced behavioral abnormalities in Z-guggulsterone-treated mice. Taken together, these studies demonstrate that Z-guggulsterone attenuates the LPS-mediated induction of pro-inflammatory factors in microglia via inhibition of I κ B- α –NF- κ B signals, providing evidence to uncover the potential role of Z-guggulsterone in neuroinflammation-associated disorder therapies.

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Abbreviations: CNS, central nervous system; NO, nitric oxide; TNF- α , tumor necrosis factor- α ; IL-6, interleukin-6; eNOS, endothelial NOS; nNOS, neuronal NOS; iNOS, inducible NOS; LPS, lipopolysaccharide; IKK, inhibitor of κ B kinase; I κ B- α , inhibitor of κ B α ; NF- κ B, nuclear factor κ B; GAPDH, glyceral-dehyde-3-phosphate dehydrogenase; DMSO, dimethylsulfoxide; TST, tail suspension test; FST, forced swimming test.

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1. Introduction

Microglia, the resident macrophage in the central nervous system (CNS), usually serve as a stimuli sensor under pathophysiological conditions [1,2], and this sensing leads to activation of microglia, which then produce trophic factors that are important for neuronal recovery and bacterial killing [3,4]. However, overactivation of microglia may trigger neurotoxicity through overproduction of cytokines such as nitric oxide (NO), tumor necrosis factor- α (TNF- α) and interleukin-6 (IL-6) [5–7]. NO is synthesized by a family of NO synthase (NOS) consisting of three isoforms: endothelial NOS (eNOS), neuronal NOS (nNOS), and inducible NOS (iNOS) [8,9]. The eNOS/nNOS-derived NO mediates numerous physiological processes in the cardiovascular and neuronal system [10,11]. Both NO over-produced from nNOS or iNOS promotes the development of neuroinflammation-associated disorders such as Parkinson's disease [12], major depression [13] and Alzheimer's disease [14]. Similarly, TNF- α and IL-6 have been shown to exert numerous protective effects [15–17], and their overaccumulation alternatively enhances cell toxicity [18,19] and mediates behavioral abnormalities [20,21]. Therefore, induction of microglia-derived inflammatory factors should be tightly controlled in order to keep the homeostasis of host defense.

Lipopolysaccharide (LPS), also known as endotoxin, is a typical inducer of pro-inflammatory factors in immune cells [22]. In most settings, it stimulates gene transcription of pro-inflammatory factors through the classical inhibitor of κ B kinase (IKK) inhibitor of κ B α (I κ B- α)-nuclear factor κ B (NF- κ B) signals. LPS binds with the Toll-like receptors leading to I κ B- α degradation through the ubiquitin-proteasome system [23]. The removal of I κ B- α liberates transcriptional factor NF- κ B [24]. The active NF- κ B is then free for translocation to the nucleus, where it initiates gene transcription [23,25]. Interfering with the I κ B- α -NF- κ B signal should be beneficial to cope with neuroinflammation-associated disorders.

Guggulsterone is an active compound extracted from the gum resin of the tree *Commiphora mukul* that has been used for thousands of years to treat arthritis, obesity, lipid metabolism disorders and hypothyroidism. Since these disorders are tightly associated with inflammation, researchers focus a lot on the effects of guggulsterone on pro-inflammatory responses. In fact, published studies have reported numerous anti-inflammatory effects of guggulsterone such as amelioration of T cell-induced colitis [26], prevention of endotoxin-induced uveitis in rats, suppression of LPS-induced inflammation in human middle ear epithelial cells [28] and ethanol-induced gastric mucosal lesions in mice [29], and blockage of IL-1 β -mediated inflammatory responses in fibroblast-like synoviocytes [30]. However, the effects of guggulsterone in microglia have not yet been described. Here, we investigated the role and possible mechanism of Z-Guggulsterone in LPS-stimulated inflammatory responses in murine microglia *in vitro* and *in vivo*. Results showed that Z-guggulsterone suppressed the microglial activation, pro-inflammatory factors production, and neuroinflammation-induced behavioral abnormalities through attenuation of I κ B- α -NF- κ B signals.

2. Materials and methods

2.1. Materials

Z-guggulsterone was purchased from Santa Cruz Biotechnology (Santa Cruz, CA, USA). LPS was the product of Sigma (Saint Louis, MO, USA). Antibodies against iNOS (#13120), I κ B- α (#9247), NF- κ B p65 (#3034), p-NF- κ B p65 (Ser536) (#3033), Histone H2A (#12349) and glyceral-dehyde-3-phosphate dehydrogenase (GAPDH) (#12349) were purchased from Cell Signaling Technol-

ogy (Beverly, MA, USA). The antibody against Iba-1 (#ab49999) was purchased from Abcam (Cambridge, MA, USA). Other related agents were purchased from commercial suppliers. Z-guggulsterone was dissolved in dimethylsulfoxide (DMSO), and then stored at -20°C . The final concentration of DMSO was $<0.05\%$.

2.2. Cell preparation

BV-2 cells were grown in DMEM/F12 with 10% fetal bovine serum (FBS, Gibco). Mouse primary cultured brain cells were prepared as described previously with some modifications [18]. Briefly, newborn (day 0–1) C57BL/6 mice were decapitated, cortex was then removed and digested with 0.125% trypsin for 15 min at 37°C . Followed by trituration and centrifugation at 118g for 5 min, cells were re-suspended and plated on poly-L-lysine (0.1 mg/mL)-coated culture flasks. The single cell suspension was cultured in DMEM/F12 supplement with 10% heat-inactivated FBS and 1% penicillin-streptomycin (100 U/mL). For isolation of primary microglia, the medium was changed to fresh medium after 24 h and replaced every 3 days. After 12 days, mixed cells were shaken gently 2 h at 37°C , and then the supernatants were collected and plated on the new poly-L-lysine (0.1 mg/mL)-coated culture flasks. The Iba-1 antibody was used to identify the primary microglia (purity $>99\%$). All cells were maintained in a 37°C incubator containing 95% air and 5% CO_2 . After treatment, cell supernatants from BV-2 cells or primary microglia were collected and frozen at -80°C for NO or cytokine detection.

2.3. Cell viability assay

Cell viability was measured using MTT Cell Proliferation and Cytotoxicity Assay Kit (Bi Yuntian Biological Technology Institution, Shanghai, China). 5 mg/mL of methylthiazolyldiphenyl tetrazolium bromide was dissolved in prepared MTT-dissolved solutions and kept at -20°C . After washing with PBS, the cells were added 20 μL of MTT solutions and kept at 37°C for 4 h. The blue crystals were dissolved in formazan-dissolved solutions, and the absorbance was read at 570 nm.

2.4. Animals and experimental protocol

6–8 weeks old male C57BL/6 mice were randomly divided into six groups ($n = 10$ per group). Mice pre-received an intraperitoneal injection of vehicle or Z-guggulsterone (10 or 30 mg/kg) for 3 consecutive days. On the third day, after injection of vehicle or Z-guggulsterone (10 or 30 mg/kg) for 2 h, mice were intraperitoneally injected with saline or LPS (0.83 mg/kg) for another 5 consecutive days. During that time, mice were still accepted Z-guggulsterone (10 or 30 mg/kg) treatment. The LPS dosage was selected because it has been reported to induce pro-inflammatory responses in the brain and leads to behavioral abnormalities in adult mice [31,32]. After behavioral experiments, some mice were sacrificed and were prepared to perform the perfusion-fixation experiment. The use of mice was approved by the University Animal Ethics Committee of Nantong University (Permit Number: 2110836).

2.5. Tail suspension test (TST)

The TST was performed in C57BL/6J mice according to the method described by Steru et al. [33]. Briefly, 2 h after the last drug injection, mice ($n = 10$ per group) were suspended 50 cm above the floor for 6 min by adhesive tape placed approximately 1 cm from the tip of the tail. The duration of immobility was recorded during the last 4-min by an investigator blind to the study. Mice were considered immobile only when they hung passively and were completely

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