



## Anterior genu corpus callosum and impulsivity in suicidal patients with bipolar disorder

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### ABSTRACT

Suicidality is a life-threatening symptom in patients with bipolar disorder (BD). Impulsivity and mood instability are associated with suicidality in mood disorders. Evidence suggests that gray and white matter abnormalities are linked with impulsivity in mood disorders, but little is known about the association between corpus callosum (CC) and impulsivity in BD. We examined the relationship between CC areas, impulsivity and suicidality in BD patients. We studied 10 female BD patients with a history of suicide attempt (mean  $\pm$  SD age  $36.2 \pm 10.1$  years), 10 female BD patients without suicide attempt history ( $44.2 \pm 12.5$  years) and 27 female healthy subjects ( $36.9 \pm 13.8$  years). Impulsivity was evaluated by the Barratt Impulsivity Scale (BIS). We traced MR images to measure the areas of the CC genu, anterior body, posterior body, isthmus and splenium. The genu was divided into anterior, middle and posterior regions. The suicidal and non-suicidal BD patients had significantly higher BIS total, attention and non-planning scores than the healthy subjects ( $ps < 0.01$ ), and the suicidal BD patients had significantly higher BIS motor scores than the non-suicidal BD and healthy subjects ( $ps < 0.01$ ). There were no significant differences among the three groups on any regional CC areas, although the suicidal BD patients had the smallest areas. The suicidal BD patients showed a significant inverse correlation between anterior genu area and the BIS total ( $r = -0.75$ ,  $p = 0.04$ ), motor ( $r = -0.79$ ,  $p = 0.02$ ) and non-planning scores ( $r = -0.79$ ,  $p = 0.02$ ). These correlations were not found in the non-suicidal BD patients or healthy subjects. The results suggest that the anterior medial frontal region may be involved in the pathophysiology of impulsive and suicidal behaviors in BD.

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Thoughts of death, suicidal ideation and completed suicide are serious symptoms that shorten the life of persons with bipolar disorder (BD). The Epidemiologic Catchment Area Study demonstrated that the lifetime rate of suicide attempts was 29.2% for BD compared to 15.9% for major depressive disorder (MDD) and 4.2% for all other DSM-III Axis I disorders combined [11]. Twelve percent of all of death in BD patients results from suicide [15]. Clinically suicide attempters are characterized by aggressive/impulsivity traits, hopelessness or pessimistic traits, comorbid substance abuse or alcoholism, history of physical or sexual abuse during childhood, and history of head trauma or neurological disorders [23]. BD

patients with a history of suicide attempts exhibit high impulsivity and aggression [33] and show higher trait impulsivity compared to healthy subjects [34].

Although the association between suicidal symptoms and impulsivity in BD patients is becoming widely recognized, the brain pathophysiology underpinning this association is unknown. Growing evidence from neuroimaging studies suggests that the anterior medial frontal regions of the brain, including ventromedial, orbitofrontal (OFC) and anterior cingulate cortices (ACC), play a crucial role in impulsive, risky, and suicidal behaviors. Healthy subjects with high impulsivity had smaller left and right OFC volumes [24] compared to less impulsive subjects. MDD patients with a history of suicide attempt, but not those without such history, had smaller left and right OFC volumes compared to healthy subjects [26]. Remitted MDD patients with a history of suicide attempt still had exaggerated activation of OFC and ACC during emotional faces tasks compared to those without the history [19]. These implicated

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brain regions are part of the fronto-limbic circuit that is involved in the pathophysiology of BD [31].

In addition to these abnormal gray matter findings, white matter abnormalities also have been linked with suicidality in mood disorders [12,29,30]. The corpus callosum (CC) is the largest nerve fiber pathway of the brain, containing between 200 and 800 million axon fibers that connect intra- and inter-hemispheric sub-regions [6]. The genu and anterior CC connect the lateral and medial surfaces of the frontal lobes [32] that are thought to be relevant to mood regulation. In this study, we focused on the white matter of the anterior medial regions of the CC in BD. We examined the association between CC areas, impulsivity and suicidality in BD patients compared to healthy subjects. We hypothesized that BD patients with a history of suicide attempt (suicidal BD) would have higher impulsivity and smaller genu and anterior CC areas than BD patients without a history of suicide attempt (non-suicidal BD) and healthy comparison subjects. We also hypothesized that smaller anterior CC areas would predict higher impulsivity in the whole sample and the prediction would be strongest for the suicidal BD patients.

Ten women with BD and positive history of suicide attempt, 10 women with BD and negative history of suicide attempt, and 27 healthy women were studied. The participants were recruited at hospitals and clinics and through advertisements broadcast in the community. All of the patients met DSM-IV criteria for BD by the Structured Clinical Interview (SCID) [14]. We screened 24 BD patients. Four patients were excluded, two because they had current alcohol dependence and two because they had incomplete demographic data. Healthy subjects were screened for DSM-IV axis I disorders by the SCID nonpatient version [13]. None of patients had a history of electroconvulsive therapy or a substance use disorder within 6 months preceding the study. None of healthy subjects had current or past axis I DSM-IV psychiatric disorders or any first-degree relatives with any Axis I psychiatric disorder.

All participants also received laboratory tests and a physical examination to rule out physical illnesses. All participants were evaluated for handedness by the Edinburgh inventory [27]. We excluded any participant with current endocrinological disease, history of head trauma with loss of consciousness, current or previous neurological disease, family history of hereditary neurological disorders, or any current medical condition such as active liver disease, kidney problems, or respiratory problems. A history of suicide attempts was assessed by a suicide history interview. We classified subjects as having positive suicidal history if they reported one or more self-injurious acts committed with at least some intent to die. Current mood state of the patients was evaluated using the 21-item Hamilton Rating Scale for Depression (HAM-D) [16] and the Young Mania Rating Scale (YMRS) [40]. The Barratt Impulsiveness Scale version 11A (BIS) [4,28] was used to evaluate trait impulsivity. The BIS is a self-report questionnaire containing 30 4-point Likert-type items. Scoring yields a total score and three subscale scores derived by factor analysis: attention (rapid shifts and impatience with complexity), motor (impetuous action) and non-planning (lack of future orientation) [4,28]. Higher scores indicate higher impulsivity. The Institutional Review Board of The University of Texas Health Science Center at San Antonio approved the study. Written informed consent was obtained from all the participants after a description of the study was provided.

Brain images were collected on a Philips 1.5 T MR system (Philips Medical System, Andover, MA). Images were collected using an axial three-dimensional T1 weighted field, fast echo sequence (field of view 256 mm, view matrix  $256 \times 256$ , repetition time 24 ms, echo time 5 ms, flip angle 40 degrees, slice thickness 1 mm). All MRI scans were reviewed to rule out clinically significant abnormalities. Anatomical measurements were conducted on a PC workstation (Dell Computers, Austin, TX). Anatomical boundaries of sub-regions including genu, anterior body, posterior body, isthmus and sple-

nium were delineated in the sagittal plane according to standard brain atlases [18,41] and methods [38]. Genu was divided into anterior, middle and posterior sub-regions [20]. CC areas were quantified in square centimeters. The inter-rater reliability (intra-class correlation coefficient [ICC]) was calculated using 10 training scans traced independently by two evaluators (N.N. and M.A.N.). The ICCs were 0.97 for total genu, 0.97 for anterior body, 0.90 for posterior body, 0.97 for isthmus, 0.98 for splenium, 0.99 for anterior genu, 0.92 for middle genu and 0.96 for posterior genu. Total brain volumes (TBV) were manually measured by a well-trained evaluator (M.A.N.). The tracing method used for CC areas was described previously [22].

We compared BD patients with and without a history of suicide attempt and healthy control subjects using analysis of covariance (ANCOVA) with TBV and age [20] as covariates, focusing on anterior regions of interest (ROI); i.e. the anterior, middle and posterior genu regions and anterior body. We also analyzed the other CC ROIs, i.e., posterior body, isthmus, and splenium, but we had no a priori hypotheses for these. We examined the correlation between the ROI areas and BIS total scores using partial correlations with TBV and age as control variables in each of the three groups. For the regions that revealed significant correlations with the BIS total score, we also computed the partial correlations between the ROI areas and the three BIS subscale scores to assess impulsivity more specifically. For the BD patients, Spearman's rank order correlation was also used to test the association between the CC areas and four clinical variables: HAM-D, YMRS, the age of illness onset and the length of illness. All statistical analyses were conducted using SPSS for Windows statistical software, version 15.0 (SPSS, Inc., Chicago, IL). Two-tailed statistical significance was considered at  $p < 0.05$ .

There were no significant differences among the suicidal BD, the non-suicidal BD and healthy subjects for age, ethnicity, education or TBV (Table 1). There were 10 patients with a history of substance abuse, 4 patients with a history of mixed state and 4 patients with rapid cycling. Twelve subjects were medicated and 8 were unmedicated at the time of scanning. Medications included antidepressants, mood stabilizers and atypical antipsychotics. No significant difference between the suicidal and non-suicidal BD patients was found for the age at onset of illness, HAM-D or YMRS. The suicidal BD patients had significantly longer length of illness than the non-suicidal BD patients. ANOVA for the BIS scores demonstrated a significant difference among the three groups for total ( $F_{2,44} = 21.1, p < 0.01$ ), motor ( $F_{2,44} = 19.4, p < 0.01$ ), attention ( $F_{2,44} = 12.7, p < 0.01$ ) and non-planning ( $F_{2,44} = 16.3, p < 0.01$ ) impulsivity subtypes. Post hoc pairwise contrasts with Sidak adjustments for multiple comparison revealed that the suicidal and non-suicidal BD patients had significantly higher BIS total, attention and non-planning scores than the healthy subjects (all  $ps < 0.01$ ) and that the suicidal BD patients had significantly higher BIS motor scores than the non-suicidal BD and healthy subjects ( $ps < 0.01$ ).

Contrary to our prediction, there were not significant differences in CC regional areas among the suicidal BD, non-suicidal BD and healthy subjects by ANCOVA (Table 1). However, as we predicted, the suicidal BD patients showed a significant inverse partial correlation between the BIS total score and the anterior genu area ( $r = -0.75, p = 0.04$ ) after adjusting for TBV and age. This association was not present for the whole sample ( $r = -0.18, p = 0.24$ ), the non-suicidal BD ( $r = 0.11, p = 0.79$ ) or the healthy subjects ( $r = -0.19, p = 0.36$ ) (Fig. 1). Partial correlation analyses focusing on the three BIS subscales revealed that the suicidal BD patients also exhibited a significant and inverse correlation between the anterior genu area and the BIS motor ( $r = -0.79, p = 0.02$ ) and non-planning ( $r = -0.79, p = 0.02$ ) but not the attention score ( $r = -0.42, p = 0.30$ ) (Fig. 2). These correlation were not found in the non-suicidal BD; for the motor ( $r = -0.25, p = 0.56$ ), for the non-planning ( $r = 0.30, p = 0.46$ ) or for the attention ( $r = 0.05, p = 0.91$ ).

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