



undisturbed (García et al., 2008). The attributes of bacteriophages include the following: (i) They kill bacterial target cells; (ii) They generally do not cross species or genus boundaries, and will therefore not affect (a) the desired bacteria in foods (e.g., starter cultures); (b) commensals in the gastrointestinal tract, or (c) the accompanying bacterial flora in the environment; (iii) Bacteriophages are generally composed entirely of proteins and nucleic acids, therefore their breakdown products consist exclusively of amino acids and nucleic acids (Carlton, Noordman, Biswas, Meester, & Loessner, 2005). Thus, they are not xenobiotics, and, unlike antibiotics and antiseptic agents, their introduction into and distribution within a given environment may be seen as an extension of a natural process (Carlton et al., 2005). Recently the USFDA announced that it had approved the use of a bacteriophage preparation made from six individually purified bacteriophages to be used on ready-to-eat meat and poultry products as an antimicrobial agent against *L. monocytogenes* (EBI Food Safety, 2007). The approved bacteriophage preparation is reported to be effective against 170 strains of *L. monocytogenes* (Lang, 2006). The commercial product named LISTEX™ P100 was approved as a food biopreservative and granted GRAS (Generally Recognized as Safe) status (FDA, 2006). This study was undertaken to investigate the presence of *Listeria* spp. in Brazilian fresh sausage and to investigate the efficacy of P100 in reducing populations of *L. monocytogenes* on laboratory-inoculated Brazilian fresh sausage.

2. Materials and methods

2.1. Investigation of *Listeria* spp. in Brazilian fresh sausage

2.1.1. Sampling and laboratory procedures

Eighty samples, 40 of swine and 40 of chicken Brazilian fresh sausage, were purchased at a local supermarket in Salvador, BA, Brazil. Portions of 250 g of food were aseptically collected between March and October of 2008 and samples were transported from the place of collection to the laboratory in an insulated cold box filled with ice. To detect bacteria in the samples the standard method of the United States Department of Agriculture (USDA)/Food Safety and Inspection Service (FSIS) (USDA/FSIS, 2005, chap. 8.04) was used. One *L. monocytogenes* positive control (*L. monocytogenes* Scott A, a serotype 4b, ATCC 15313) and one uninoculated media negative control were used for each set of concurrently analyzed samples. After aseptically removing the casing in a class II biosafety cabinet (Labconco model 36210 class BII, Brazil), samples of 25 g were blended with 225 ml of Modified University of Vermont broth (UVM, Difco Code No 022317) in a Stomacher (ITR model 1204, serie126, Brazil, 240 bpm) for two min and incubated for 24 h at 30 °C. Secondary enrichment was performed in Fraser broth (FB, Difco Code No. 211767) at 35 °C for 24–48 h. If any degree of FB darkening was evident (esculin hydrolysis), a volume of 100 µl of the broth was streaked onto Modified Oxford *Listeria* Selective Agar (MOX, Difco Code No. 222530), supplemented with moxalactam 20 mg/l and colistin sulfate 10 mg/l. Plates were incubated at 35 °C for 24–48 h. After that, at least 20 suspect colonies, if available, were streaked on 5% horse blood agar (blood agar base II, Difco Code No. 0045/17) plates and incubated at 35 °C for 24 h. After incubation, plates were examined for colonies surrounded by a small zone of β-hemolysis. Typical colonies were transferred to tryptic soy broth (TSB, Difco Code No. 211825) supplemented with 0.6% (w/v) yeast extract (Difco Code No. 211929) and confirmatory tests were carried out for Gram stain, catalase activity and motility in semi-solid indol motility medium (SIM, Difco Code No. 211578) at 35 °C for seven days, for the typical umbrella shape. For biochemical confirmatory tests, *Listeria* API (BioMerieux® S.A., Marcy L'Etoile, France) was used. Serological slide agglutination tests were done

according to Seeliger and Hohne (1979) on all isolates presumed to be *Listeria*, using commercially prepared antisera (Difco).

2.2. Control of *L. monocytogenes* inoculated in Brazilian fresh sausage using bacteriophage P100

2.2.1. Bacterial strains, bacteriophage, media and culture conditions

The bacteria and bacteriophage used in this study were: a single strain of *L. monocytogenes* 1/2a isolated from Brazilian fresh sausage; *Listeria ivanovii* WSLC 3009 (SLCC 4769); and bacteriophage P100 (LISTEX™ P100) provided by EBI Food Safety (Wageningen, The Netherlands).

L. ivanovii was used as helper strain for the P100 bacteriophage (Carlton et al., 2005; Loessner & Busse, 1990). The culture strains were stored in a Hogness medium (1.3 mM K₂HPO₄·3H₂O; 1.3 mM KH₂PO₄; 2.0 mM citrate-Na·2H₂O; 1.0 mM MgSO₄·7H₂O; 4.4 % (v/v) glycerol) and frozen at –80 °C. Before use, the *L. monocytogenes* culture was activated in tryptic soy broth supplemented with 0.5% (w/v) yeast extract (TSB-YE) at 35 °C overnight in a shaker (Cientec model CT 712, Brazil) at 150 rev/min. The *L. ivanovii* culture was grown overnight at 30 °C in a half-concentrated brain-heart infusion broth (BHI, ½ v/v, Difco Code No. 237500) with the NaCl concentration adjusted to 5 g/l.

In all experiments, the top layer agar (semi-soft agar or overlay agar) was prepared by adding 0.4% (w/v) agar to BHI. To improve the bacteriophage plaques, 0.75% (w/v) glycine (Sigma Aldrich - Poole, United Kingdom) was added to the top layer agar (Lillehaug, 1997). Appropriate bacterial dilutions were made in lambda buffer (6 mmol/l Tris buffer, pH 7.2; 10 mmol/l Mg (SO₄)₂·7H₂O; 50 µg/ml gelatin).

Bacterial survival following treatment with the P100 phage was determined by measuring colony-forming units (cfu/g) on Modified Oxford *Listeria* Selective Agar (MOX) supplemented with moxalactam 20 mg/l and colistin sulfate 10 mg/l.

2.2.2. Titration of P100 bacteriophage

The titer of the P100 was determined according to a protocol suggested by EBI Food Safety (personal communication). This consisted of serial dilutions of the bacteriophage suspension in a lambda buffer, followed by the incorporation of 100 µl into 3.5 ml of the molten overlay agar cooled to 45 °C, which contained 150 µl of *L. ivanovii* culture grown overnight at 30 °C in a ½ strength BHI. This was poured onto BHI agar (1.2% w/v agar) plates and incubated at 30 °C for 20–24 h. Plaques were counted and the titer was determined as plaque-forming units (pfu/ml).

To recover the bacteriophage from food without *L. monocytogenes* (phage control), the sample was diluted in lambda buffer and an aliquot of 100 µl was incorporated into 3.5 ml of the molten overlay agar cooled to 45 °C, which contained 150 µl of *L. ivanovii* (helper strain). As mentioned above, the mixture was poured onto BHI agar (1.2% w/v agar) plates and incubated at 30 °C for 20–24 h. Plaques were counted and the titer was determined as plaque-forming units (pfu/g).

2.2.3. Preparation of bacteria inoculum

L. monocytogenes 1/2a was subcultured at least twice by loop inoculation of 10-ml volumes of tryptic soy broth containing 0.5% (w/v) yeast extract (TSB-YE), which was then incubated at 35 °C for 18–20 h in a shaker at 150 rev/min. The cell suspensions were transferred to sterile eppendorf tubes and inoculum levels were confirmed by surface plating duplicate samples on MOX. The plates were incubated at 37 °C for 24 h before colony counts were obtained. This experiment was repeated three times in duplicate (Valadares, 2000). Cell suspensions were diluted in an appropriate amount of 0.1% (w/v) peptone water to give a cell number of 10⁵ cfu/ml and were used immediately for sample inoculation.

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