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Some nutraceutical properties of fenugreek seeds and shoots (*Trigonella foenum-graecum L.*) from the high Himalayan region

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**Title of paper:**

**Some nutraceutical properties of fenugreek seeds and shoots (*Trigonella foenum-graecum***

***L.*) from the high Himalayan region**

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**Running title:** Nutraceutical properties of Himalayan fenugreek seeds and shoots

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