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## Anthropometric measurements in Iranian men

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#### ABSTRACT

There is inevitable need for data regarding anthropometric measurements of each community's population. These anthropometric data have various applications, including health assessment, industrial designing, plastic & orthopedic surgery, nutritional studies, anatomical studies and forensic medicine investigations.

Anthropometric parameters vary from race to race throughout the world, hence providing an anthropometric profile model of residents of different geographic regions seems to be necessary. To our knowledge, there is no report of bone parameters of the Iranian population.

The present study was carried out to provide data on anthropomorphic bone parameters of the Iranian population, as a basis for future relevant studies. We calculated most of the known anthropometric parameters including skull, mandible, clavicle, scapula, humerus, radius, ulna, sacrum, hip, femur, tibia and fibula of 225 male corpses during a period of 2 years (2014–2016). Data expression was done as mean  $\pm$  standard deviation. The results consist the first documented report on anthropometric bone measurement profile of Iranian male population, that can be considered a valuable source of data for future research on Iranian population in this regard.

#### 1. Introduction

Forensic anthropology is defined as a part of biological anthropology. This branch of anthropology by using anatomical science has potential to investigate human remains excavated from some zones, sex and age determination and identification of unknown bodies. <sup>1,2</sup>In addition, by measuring some parameters in residual bones such as total lipids, iron, zinc and etc, estimating the time of death is possible. <sup>3</sup>

It is obvious that environmental and geographic conditions, <sup>4</sup> food intake<sup>5,6</sup> and lifestyle affect anthropometrics measurements. <sup>7</sup>Every community needs to have essential information about anthropological criteria from its population. These data provide basic information about physical characteristics of population that is necessary and helpful in industrial design, surgery, forensic and sport sciences. <sup>8,9</sup>

One of the most important usages of the anthropological measurements is determination of race, age and stature of unknown bodies. There are different kind of bones in each body and most of them can be used for this purpose. Because of the differences between male and female pelvis, it provides good documents for sex determination. 10

Cranium is also as important as pelvis in sex determination. <sup>11</sup> The data acquired from long bones are more reliable in stature determination. <sup>7,12</sup>

It should be noticed that in identification of unknown bodies, the basic anthropometric data of every society is required, and without them the identification would not be reliable. To our knowledge, there is no report on the bone morphological parameters in Iranian male population.

The present study demonstrates the anthropometric measurements of bones in Iranian male population and provides a useful document for future studies.

#### 2. Methods and materials

### 2.1. Sample collection

Within a two-year period (2014–2016) bone remains were collected from 225 bodies belonging to male soldiers killed during the Iran - Iraq war (1980-88) and aged between 18 and 70 years. The collected bones were transferred to the forensic medicine center and anthropometric

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Table 1 All bones measurements.

Ory Bone Measurement	No.	Minimum (mm)	Maximum (mm)	Mean ± SD (mm (m
Cranium				
Maximum Cranial Length	70	160.00	230.00	179.7 ± 9.9
Maximum Cranial Breadth	70	130.00	150.00	$139.7 \pm 5.2$
Bizygomatic Breadth	57	100.00	170.00	$128.9 \pm 10.5$
Biorbital Breadth	64	85.00	130.00	$95.9 \pm 6.7$
tight Mastoid Length	58	20.00	38.00	$30.8 \pm 3.2$
eft Mastoid Length	61	25.00	37.00	30.9 ± 2.9
Mandible				
Chin Height in Mandible	83	25.00	50.00	$33.9 \pm 3.5$
Clavicle				
Right Clavicular Maximum Length	80	136.00	164.00	148.6 ± 6.6
eft Clavicular Maximum Length	83	130.00	173.00	150.9 ± 7.6
capula				
tight Scapular Height	77	134.00	177.00	151.3 ± 8.1
eft Scapular Height	66	137.00	186.00	$153.9 \pm 7.9$
ight Scapular Breadth	79	94.00	121.00	$107.1 \pm 5.7$
eft Scapular Breadth	64	94.00	180.00	107.2 ± 10.4
Iumerus				
tight Humeral Maximum Length	116	289.00	360.00	321.7 ± 14.7
eft Humeral Maximum Length	107	232.00	370.00	$318.2 \pm 17.8$
ight Epicondylar Breadth	148	47.00	82.00	$61.8 \pm 3.6$
eft Epicondylar Breadth	145	52.00	73.00	$61.5 \pm 3$
ight Maximum Diameter of Humeral Head	132	39.00	52.00	$46.3 \pm 2.5$
eft Maximum Diameter of Humeral Head	131	39.00	51.00	45.6 ± 2.7
adius				
Right Maximum Radius Length	106	219.00	269.00	244.6 ± 10.8
eft Maximum Radius Length	114	210.00	275.00	244.2 ± 12.2
Jlna				
Right Maximum Ulnar Length	93	241.00	289.00	264.4 ± 10.8
eft Maximum Ulnar Length	100	234.00	295.00	$262.1 \pm 11.7$
acrum				
Anterior Sacral length	93	96.00	147.00	119.9 ± 11.2
Interior Sacral Breadth	98	39.00	130.00	$109.0 \pm 16.5$
Taximum Breadth of S1	91	36.00	58.00	49.4 ± 4.5
lip				
ight Maximal Hip Height	93	116.00	234.00	210.9 ± 13.5
eft Maximal Hip Height	90	188.00	312.00	$213.4 \pm 14.1$
ight Maximal Hip Breadth	94	121.00	175.00	$153.2 \pm 8.4$
eft Maximal HipBreadth	99	130.00	173.00	$154.3 \pm 7.8$
ight Greater Sciatic Notch Depth	103	33.00	76.00	45.1 ± 5.6
eft Greater Sciatic Notch Depth	101	33.00	60.00	44.4 ± 5.3
emur				
ight Femur Maximum Length	95	401.00	503.00	448.2 ± 21.5
eft Femur Maximum Length	100	381.00	504.00	448.9 ± 22.2
ight BicondylarFemur Length	93	401.00	501.00	446.2 ± 21.2
eft BicondylarFemur Length	98	385.00	501.00	447.1 ± 22.2
ight Femur Epicondylar Breadth	129	60.00	90.00	81.4 ± 4.2
eft Femur Epicondylar Breadth	134	59.00	90.00	81.6 ± 4.2
ight Maximum Diameter of Head eft Maximum Diameter of Head	154 149	40.00 41.00	54.00 57.00	$47.4 \pm 2.6$ $46.9 \pm 2.5$
ibia				
	105	222.00	420.00	277.4
ribia Light Lateral Condylo-Malleolar Length eft Tibia Condylo-Malleolar Length	125 120	332.00 331.00	430.00 419.00	377.4 ± 20.2 377.7 ± 19.5

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