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# Advanced Powder Technology

journal homepage: [www.elsevier.com/locate/apt](http://www.elsevier.com/locate/apt)



## Original Research Paper

# Effect of filler load and high-energy ball milling process on properties of plasticized wheat gluten/olive pomace biocomposite

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### ARTICLE INFO

**Article history:**  
Received 15 September 2017  
Received in revised form 11 January 2018  
Accepted 14 February 2018  
Available online xxxx

**Keywords:**  
Wheat gluten  
Olive pomace powder  
High-energy ball milling process  
Particle-size reduction  
Mechanical properties

### ABSTRACT

The increase of particles surface area can optimize the dispersion state of biocomposite components and enhance their properties. First in this paper, we aimed to elaborate a novel biocomposite without any treatments. Plasticized wheat gluten (WG), was filled with 0–20% of olive pomace (OP) powder. The second objective was the improvement of biocomposite properties using physical treatment. High-energy ball milling process was applied on the blend of wheat gluten and olive pomace powders (MPs). The grinding effect of particle shape, size and distribution in biocomposite was characterised by particle size distribution using a laser-light diffraction and by SEM analysis. The cryo-fractured surface of selected films, mechanical properties, moisture absorption and thermal properties of both biocomposites were described in details. It was found that the sensitivity of biocomposites to moisture absorption was reduced with the increase of filler content after the applying of high-energy ball milling process. The thermal stability of OP biocomposite decreased with the increase of loading, while that of MPs was unaffected by high-energy ball milling process. This process affects the physical and morphological characteristics of the powders. The mechanical properties were improved by grinding process at filler content lower than 15%.

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## 1. Introduction

Given growing environmental concerns, biodegradable polymers have received much attention in academia and industry in the past two decades [1]. Moreover, governments in many countries are supporting usage of green products [2] and renewable resources such as agricultural byproducts. Wheat gluten is an interesting candidate because it is a low-cost raw material, renewable and available [3]. It has remarkable viscoelastic properties, ability to cross-link upon heating and low water solubility. From the chemical standpoint, gluten is composed of two storage proteins, gliadin and glutenin. Wheat gluten-based materials can be obtained by thermoplastic processing, which consists in mixing proteins and plasticizer by a combination of heat and shear [4]; followed by a thermo-mechanical treatments (e.g. compression moulding) [5]. Protein-based materials have been explored as potential materials because of their good barrier properties against

oxygen and aroma compounds [4]. However, wheat gluten-based materials have drawbacks that can limit their applications, such as their brittleness and their high moisture sensitivity [6]. This requires an improvement of their properties by reinforcement of plasticized wheat gluten to produce a novel biocomposite with characteristics that hold great promise [7].

Raw fibres/particles have been largely exploited as reinforcements into polymer matrices as a substitute to the used synthetic fillers. The natural fillers can be obtained from both forestry and agricultural resources [8], among them, olive pomace which is a by-product of olive oil production industry. Considerable amounts of these wastes are produced and present an environmental hazard in olive oil producing countries. Therefore, there is an urgent need to treat these materials safely [9]. In Algeria, huge amounts of olive pomace are generated; it represents 10<sup>5</sup> t per year, this amount of agrowastes is usually burned [10], however, they can be an important source of renewable fillers since they give bio-based composites unique properties by improving their mechanical properties and water resistance [11]. It contains a great amount of cellulose, hemicelluloses, and lignin. To produce biocomposites with good mechanical properties, a strong adhesion has to be obtained by interfacial interactions, including mechanical interlocking,

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86 chemical bonding and physical adhesion [12]. There has been a lot  
87 of research on various methods to improve adhesion between bio-  
88 composite components [13]. High-energy ball milling process is a  
89 cost-effective and eco-friendly physical technique [14]. Materials  
90 with novel microstructures and properties have been synthesised  
91 via this process, using planetary ball mill [15]. High-energy ball  
92 milling process combined friction, collision and shear resulting  
93 from the grinding balls and the container wall [16]. This particle-  
94 size reduction technique can increase the surface area and  
95 improves interface adhesion in the materials by particle distribu-  
96 tion enhancement in the biocomposite [17]. However, the particle  
97 size can be expected to influence a range of mechanical properties  
98 [18]. The present work aims to elaborate a biocomposite based on  
99 plasticized wheat gluten with glycerol containing 0–20% of OP. To  
100 improve OP biocomposite properties, high-energy ball milling pro-  
101 cess was applied to produce MPs biocomposite. The properties of  
102 boths biocomposites, in function of filler contents, were studied.  
103 Grinding effect on shape, size and distribution of particles in the  
104 biocomposite were characterised by particle size distribution  
105 (PSD) using a laser-light diffraction and SEM analysis. The cryo-  
106 fractured surface of selected biocomposites was observed using  
107 SEM analysis. The particle-size reduction effect on mechanical  
108 properties, moisture absorption, mass loss, micropores ratio and  
109 thermal properties of biocomposites were also investigated.

## 110 2. Experimental work

### 111 2.1. Chemical

112 Analytical grade glycerol ( $\geq 99\%$ ) was purchased from Sigma  
113 Aldrich (Saint-Louis, United States).

### 114 2.2. Raw materials

115 Wheat gluten was obtained from Tereos Syral (Marckolsheim,  
116 France). Chemlal olive pomace (OP) was obtained from a local olive  
117 refinery in the area of Fenaia-Ilmaten (Bejaia, North-east of Alge-  
118 ria), and washed with hot tap water to remove all water-soluble  
119 impurities, followed by drying at room temperature. The product  
120 was ground using an electrical grinder (IKA model-A11, Staufen,  
121 Germany) and was sieved using standard 125  $\mu\text{m}$  sieve.

### 122 2.3. Particle size distribution (PSD)

123 The particle size distribution of wheat gluten, OP and MPs pow-  
124 ders were determined using a laser-light diffraction unit (Master-  
125 sizer S, Malvern Instruments Ltd., Worcestershire, UK) equipped  
126 with 300 RF lens. The diameters  $D(v, 0.10)$ ,  $D(v, 0.50)$  and  $D(v,$   
127  $0.9)$  at 10% (small particles), 50% (medium size particle), 90% (large  
128 coarse particle), respectively and volume mean diameter ( $D[4.3]$ )  
129 were computed.

### 130 2.4. High-energy ball milling process

131 A planetary ball mill (model PM400, Fritsch, Haan, Germany)  
132 was used to grind the dry blend of this study. Using 250 mL capac-  
133 ity stainless steel milling jars and lids, charged with spherical zir-  
134 conia ( $\text{ZrO}$ ) balls (10 mm diameter) as grinding media. The powder  
135 (g) to media (g) ratio was maintained at 1:10 for all milling exper-  
136 iments. The speed of ball milling was set at 150 rpm. The duration  
137 of milling was 10 h. Grinding was performed as follows: 35 g of  
138 the blend of powders (wheat gluten and olive pomace) labelled  $\text{MP}_s$ ,  
139 and 47 spherical zirconia balls were placed in the jars, which  
140 was filled with 80 vol% of  $\text{ZrO}$  balls and powders. The rate of each  
141 blend compounds was shown in Table 1. After treatment, the

**Table 1**

Composition of plasticized Wheat Gluten (WG) and biocomposites, all percentages were calculated on a dry weight basis.

Biocomposite names <sup>a</sup>		Sample compositions (% w/w)	
		Wheat gluten	Powder (filler)
WG		65	0
OP_5	MPs_5	60	5
OP_10	MPs_10	55	10
OP_15	MPs_15	50	15
OP_20	MPs_20	45	20

<sup>a</sup> WG: plasticized Wheat Gluten. All materials were plasticized with 35 (% w/w) of glycerol, and the composition of WG and biocomposites were calculated on a dry weight. The indexes 5, 10, 15, 20 represent the percentage of powder. OP: Olive Pomace powder, MPs: Milled Powders.

milled blend of olive pomace and wheat gluten powders, named  
Milled powders (MPs) was collected after removing the balls, then  
mixed with a plasticizer in order to manufacture the  
biocomposites.

### 146 2.5. Preparation of biocomposites

147 Processing of [19,20] was adopted to elaborate biocomposites,  
148 wheat gluten and dried OP powder were firstly hand mixed to  
149 the desired proportions (Table 1). Then, the resulting powder  
150 was mixed with glycerol (35%, based on total dry weight) in a  
151 two-blade counter-rotating batch mixer, turning at 3:2 differential  
152 speed (Brabender, Duisburg, Germany). For the milled powders,  
153 glycerol (35%, based on total dry weight) was directly mixed with  
154 MPs powder to the desired proportions (Table 1). The mixtures  
155 were performed by mixing at a speed of 100 rpm during 15 min  
156 at 70 °C. The blends were then thermo-moulded in a heated press  
157 (Carver hot press model-2629, Wabash, United States) at 120 °C.  
158 Approximately, 4 g of the blends were placed between two alu-  
159 minium sheets in a rectangular mould (80 × 40 mm) for 10 min  
160 without pressure, followed by 3 min under a pressure of 15 MPa.  
161 Then they were removed from the mould and cooled at room tem-  
162 perature. The thickness of the resulting films was approximately  
163 0.5 mm. Prior to the tensile test, the films were conditioned into a  
164 desiccator producing 43% relative humidity at 24 °C for one week.

### 165 2.6. Scanning electron microscopy (SEM)

166 The micrographs of morphology observation of MPs powder  
167 contains 5, 10, 15 and 20 (% w/w) of OP powder (Table 2), WG  
168 films, selected biocomposites (OP\_10 and MPs\_10) (Table 3), were  
169 obtained using 8 kV secondary electrons microscopy (JEOL JSM-  
170 6100, Tokyo, Japan). Each material sample was frozen in liquid  
171 nitrogen and fractured. All samples ( $\text{MP}_s$  powders and cryo-  
172 fractured biocomposites) were coated with gold/palladium on a  
173 JEOL JFC-1100E ion sputter coater (Tokyo, Japan) before  
174 observation.

### 175 2.7. Micropore ratio estimation

176 The micropore ratio (%) of biocomposites (Table 3) were derived  
177 from SEM images. To investigate the repeatability of the results, a  
178 minimum set of five similar images in term of magnifications  
179 ( $\times 300$ ), and contrast for each films were processed by ImageJ soft-  
180 ware (ver. 1.49, NIH, Maryland, USA), using manual threshold-  
181 based segmentation algorithm. The results were reported as  
182 mean  $\pm$  standard deviations (S.D).

183 Before ImageJ analysis steps [21,22], which are detailed below,  
184 the SEM images needs to be calibrated to their scales:

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