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#### Review

# Experimental characterization of the self-healing capacity of cement based materials and its effects on the material performance: A state of the art report by COST Action SARCOS WG2



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#### HIGHLIGHTS

- Review of test methods for assessing healing efficiency.
- Novel perspective in correlating healing to durability and mechanical recovery.
- Correlation between different test methods.
- Characterization methods of healing products.
- Pioneer monitored case studies are presented.

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#### ABSTRACT

Heuristically known at least since the first half of XIX century, the self-healing capacity of cement-based materials has been receiving keen attention from the civil engineering community worldwide in the last decade. As a matter of fact, stimulating and/or engineering the aforementioned functionality via tailored addition and technologies, in order to make it more reliable in an engineering perspective, has been regarded as a viable pathway to enhance the durability of reinforced concrete structures and contribute to increase their service life.

Research activities have provided enlightening contributions to understanding the mechanisms of crack self-sealing and healing and have led to the blooming of a number of self-healing stimulating and engineering technologies, whose effectiveness has been soundly proved in the laboratory and, in a few cases, also scaled up to field applications, with ongoing performance monitoring. Nonetheless, the large variety of methodologies employed to assess the effectiveness of the developed self-healing technologies makes it necessary to provide a unified, if not standardized, framework for the validation and comparative evaluation of the same self-healing technologies as above. This is also instrumental to pave the way towards a consistent incorporation of self-healing concepts into structural design and life cycles analysis codified approaches, which can only promote the diffusion of feasible and reliable self-healing technologies into the construction market.

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In this framework the Working Group 2 of the COST Action CA 15202 "Self-healing as preventive repair of concrete structures – SARCOS" has undertaken the ambitious task reported in this paper. As a matter of fact this state of the art provides a comprehensive and critical review of the experimental methods and techniques, which have been employed to characterize and quantify the self-sealing and/or self-healing capacity of cement-based materials, as well as the effectiveness of the different self-sealing and/or self-healing engineering techniques, together with the methods for the analysis of the chemical composition and intrinsic nature of the self-healing products. The review will also address the correlation, which can be established between crack closure and the recovery of physical/mechanical properties, as measured by means of the different reviewed tests.

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#### Contents

1.	Intro	duction	116
2.	Techr	niques for pre-cracking/damaging and healing boundary conditions	117
3.	Varia	ibles affecting the healing	120
	3.1.	Age of pre-cracking	120
	3.2.	Conditions of exposure and healing duration	120
	3.3.	Through-crack stress states	120
	3.4.	Repeatability	
4.	Meth	nods for characterization of self-sealing/healing	121
	4.1.	Crack closure quantification	121
		4.1.1. Surface cracks	121
		4.1.2. Internal cracks	122
		4.1.3. Preparation of samples, image analysis and crack sealing indices	123
		4.1.4. Correlations between different crack width measurements	124
		4.1.5. Healable crack width	124
	4.2.	Tests and methods based on the recovery of durability properties	124
		4.2.1. Permeability	124
		4.2.2. Sorptivity	125
		4.2.3. Gas permeability	126
		4.2.4. Chloride penetration.	127
	4.3.	Tests and methods based on the recovery of mechanical properties.	128
		4.3.1. Tests and methods based on ultrasonic wave propagation	128
		4.3.2. Mechanical tests	130
	4.4.	Methods of analysis of the healing products	132
5.	Moni	itored case studies	137
6.	Conclusions		137
	Ackn	nowledgements	138
	Refer	rences	138

#### 1. Introduction

The susceptibility of concrete to cracking because of load- or deformation-induced stresses all along its service life is well known and represents one of the major hindrances to the durability of concrete structures. Cracks stand as a straightforward path for the ingress of harmful agents into concrete, whose bulk matrix, with modern high performance technologies, can be made as low porous as desirable.

Worldwide increasing consciousness for sustainable use of natural resources has made overcoming the apparent contradictory requirements of low cost and high performance a challenging task. *fib* Model Code 2010 has also recently highlighted the importance of sustainability as a requisite which has to inform structural design since from its concept. In this context, the availability of self-healing technologies, by controlling and repairing early-stage cracks in concrete structures where possible, could on the one hand prevent permeation of driving factors for deterioration, thus extending the structure service life, and on the other hand even provide partial recovery of engineering properties relevant for the application.

The ability of concrete and cement based materials, as well as of other hydraulic binders such as limes, to self-seal cracks has been "heuristically" observed for about two centuries, as exemplified by the research findings on autogenous healing by Loving [102] and Lauer and Slate [92].

The aforementioned capacity, depending on the age of cracking, crack width, as well as on a significant presence of water, was regarded as a sort of bonus: self-healing was able to counteract the drawbacks of early-age shrinkage cracking in certain types of structures, such as tanks and reservoirs, which, thanks to the presence of water, experience favourable conditions of exposure.

Though more systematic studies were carried out all along the second half of the last century (see, e.g., [66], the topic has been gaining continuously increasing interest in this last decade. On the one hand this is due to the increased durability problems which have been observed in existing concrete structures, which require repair. The available repair solutions are expensive and can cause a lot of inconvenience when infrastructure has to be closed down. Therefore, there has been a growing interest in alternative, preventive measures. On the other hand, the interest in self-healing cement based construction materials is steered by

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