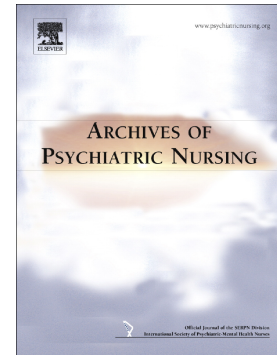


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Safe and Collaborative Communication Skills: A Step towards  
Mental Health Nurses Implementing Trauma Informed Care

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**Safe and collaborative communication skills: A step towards mental health nurses implementing  
Trauma Informed Care**

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**Abstract (89)**

Trauma Informed Care (TIC) acknowledges the presence and effects of trauma in the lives of many mental health service users and the responsibility of services to provide physical and emotional safety. One challenge of TIC is a lack of clarity about translating the philosophy into practice. This paper describes the delivery and evaluation of a trauma informed communication workshop for mental health nurses that aimed to increase their knowledge of the potential impacts of trauma on consumers, and translate TIC concepts into their communication approaches within the therapeutic relationship.

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